

RECREATION CENTER SPRING 2025

January 13 -
May 14, 2025

General Recreation



Special Events

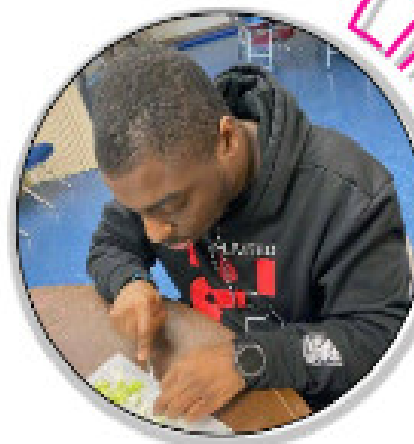


Sports

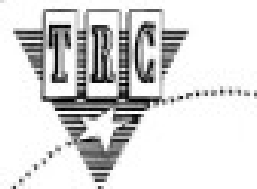


Turning disabilities
into windows of
OPPORTUNITIES

Life Skills



3446 LeBRon RD.
MONTGOMERY, AL 36111



GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

Monday - Friday

8:00am to 5:00pm

City Holidays: The TRC will be closed the following holidays:

Monday, January 20, 2025 Martin Luther King Day

Monday, February 17, 2025 Presidents' Day

Monday, May 26, 2025 Memorial Day

REGISTRATION NOTES

1. Spring registration is Saturday, December 7, 2024 from 9:00am - 12:00pm and Monday, December 9, 2024 through Friday, December 13, 2024 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. **Fees are nonrefundable!**
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Assessments for after-school participants are required. Please call for an appointment.
6. All payments are to be Cash, Check, or Money order only. **We do not accept debit or credit cards.** All checks for After-School programs should be payable to MTRC.
7. Mailed registrations will not be accepted. After-school participants can register on-line or at TRC.



New Program Symbol: When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

ADULT DAY PROGRAM

MTRC offers an Adult Day Program for the individuals who are 21 years of age and older. Participants will engage in various activities such as Arts and Crafts, Life Skills Training, Cooking Classes, Swimming, General Recreation and Gaming activities and much more. Individuals will also experience community based outings twice a week. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.
Time:.....8:00am - 3:00pm
Limit:.....30
Ages:.....21 years and older
Contact:.....Wendy Dobbs

THERE IS CURRENTLY A WAITING LIST FOR THIS PROGRAM. PLEASE CONTACT US TO BE PLACED ON THE LIST.



PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON ALL ITEMS BROUGHT TO TRC TO ASSIST STAFF WITH LOST ITEMS, (EX. COATS, TOWELS, BOOKBAGS, HATS, ETC.)

Personal Belongings:

TRC is not responsible for any personal valuables brought to the Center. Please do not allow your participant to bring jewelry, cash, cell phones or any other items of value to the center.

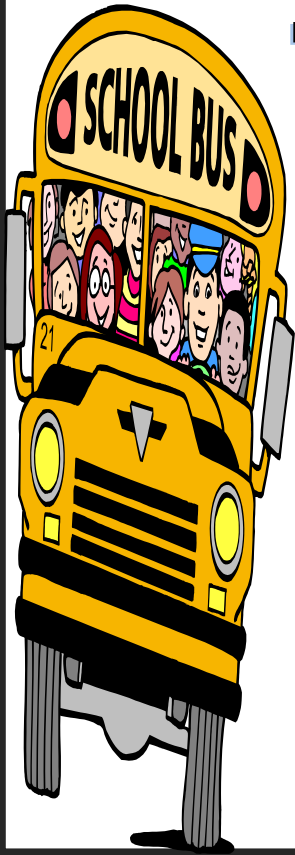
LATE FEES

Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late.

The grace period has been extended by 5 min. You now have 20 minutes.

For every minute that you are late after 5:20pm, \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.

PARENT INFORMATION



TRANSPORTATION REMINDER

IN ORDER TO REGISTER YOUR CHILD FOR TRANSPORTATION FROM SCHOOL TO TRC, YOU MUST FILL OUT ACCURATE SCHOOL INFORMATION DURING REGISTRATION OR TRANSPORTATION WILL NOT BE PROVIDED.

IT IS VITAL THAT WE KNOW IF YOUR CHILD WILL NOT BE IN SCHOOL. BE SURE TO CALL MTRC EACH DAY YOUR CHILD WILL BE ABSENT FROM AN AFTER-SCHOOL PROGRAM TO HELP US FACILITATE OUR TRANSPORTATION PROGRAM.

FAILURE TO NOTIFY THE MTRC THREE TIMES IN A SEMESTER, MAY RESULT IN THE SUSPENSION OF YOUR CHILD BEING TRANSPORTED BY MTRC.

IN ORDER TO ENSURE TRANSPORTATION FOR YOUR CHILD FROM SCHOOL, ALL REGISTRATION FORMS AND FEES MUST BE TURNED IN AND PAID BY DECEMBER 13, 202. IT IS THE PARENT'S RESPONSIBILITY TO COMMUNICATE WITH YOUR CHILD'S SCHOOL FOR TRANSPORTATION AND THE DAYS TRC WILL PICK UP.

PLEASE REGISTER YOUR CHILD FOR THE APPROPRIATE PROGRAMS. PROGRAMS ARE LISTED AS LEVEL I, II, III. IF YOU REGISTER YOUR CHILD IN A CLASS THAT IS NOT APPROPRIATE FOR THEIR LEVEL THEY WILL BE TAKEN OUT OF THE CLASS. BECAUSE OF LIMITED CLASS SIZES, WE MAY NOT BE ABLE TO PUT YOUR CHILD IN ANOTHER PROGRAM. IF YOU ARE UNSURE OF YOUR CHILD'S LEVEL, CONTACT KATIE JOHNSON AT 334-240-4595 BEFORE REGISTRATION.

Special Olympics



MTRC Tiger Basketball

It's time to gear up for some basketball! The season is about to begin. We will be training and focusing on defense, shooting, ball handling and sportsmanship. All in preparation for tournaments and local scrimmages.

Come join the team!!!

Program will not meet Jan 15, Feb 12, Feb 19, Mar 22, Mar 25, Mar 29, & Apr 19.

Day:.....Mon. & Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....13 and up
 Limit:.....25
 Contact:.....Bernard Burton



Pickleball

This is for those who want to learn the popular and growing sport, pickleball!! You will be able to learn the rules, tips and even learn how to work together in order to compete with Special Olympics.

Program will not meet March 19.

Day:.....Wednesday
 Times.....4:00-5:00pm
 Level:.....III
 Age:.....12 years and older
 Limit:.....8
 Contact:.....Jwan Boddie



MTRC Tiger Golf

MTRC is proud to continue this new and exciting golf program in conjunction with LEO Golf Academy. Golf enthusiast Quincy Leonard will be teaching basic fundamentals of golf and preparing us for Special Olympics. Golf lessons will be held at a Gateway Golf Course!!! In the event of inclement weather, lessons will be held at MTRC.

Program will not meet Mar 27.

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Age:.....13 and older
 Limit:.....10
 Cost:.....\$225.00 or \$45.00 monthly
 Contact:.....Gabe Lewis

MTRC Track & Field

MTRC is excited to offer a Track & Field program this semester! Athletes will focus on learning skills, and increasing endurance. We will also prepare for upcoming Special Olympic Events. All upcoming track meets will be announced!

Program will not meet Mar. 28.

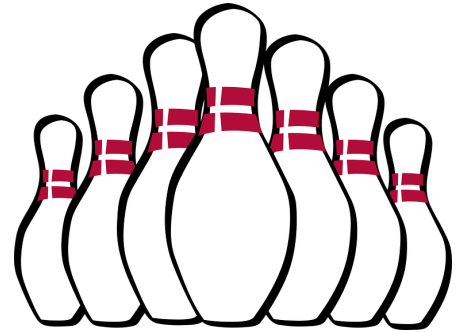
Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....13 and up
 Limit:.....15
 Contact:.....Fredrick O'Neal

MTRC Rockin' Rollers

Let's have a ball! BOCCE is an Italian lawn game that's fun for everyone at every age. We're a team that participates in tournaments and Special Olympics events. We will be playing in local regulation games. Cost will provide new uniform shirts and equipment. Participants will be expected to participate in both the Spring and Fall Semesters in order to train for the annual State Games.

Program will not meet Mar 28.

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....8 years and up
 Limit:.....10
 Cost:.....\$25.00
 Contact:.....Ebonique Gay



Strikers

Striker's bowling team will work on developing skills for competition that will be displayed at local and state Special Olympics Tournaments. The team will still be practicing at the new location this semester, which will be Bowlero Alley on the Eastern Blvd. Each Friday session will include 3 total practice games at \$3.00 per game.

Pick up for all Strikers will be at Bowlero at 5:00pm.

Program will not meet Mar 22, Mar 29, & Apr 19.

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....14 and older
 Limit:.....20
 Cost:.....\$135.00 or \$27.00 monthly
 Contact:.....Jwan Boddie



**PARENTS PLEASE
 REMEMBER ALL
 STRIKERS MUST
 BE PICKED UP AT
 BOWLERS AT
 5:00PM.**

TRC AFTER-SCHOOL PROGRAMS

TRC LEVEL PROGRAM

Before Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2022 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment, a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However, this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club, please call the contact person for that program. If any parents/guardians have questions about our process, please call Wendy Dobbs at 240-4595 for more information.

MONDAY

Playdoh Madness

Let's have fun with playdoh! Not only will this class focus on imagination and creativity, but the sensory benefits will include improving motor skills, hand-eye coordination and promoting as a calming technique by using repetitive motions of rolling, pressing and shaping the dough. *Program will not meet Jan 20, Feb 17, March 17.*

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....12
Cost:.....\$25
Contact:.....Amiya Salaam

Senior Foster Grandparent Mentor Program

This class will be led by AmeriCorps Senior Foster Grandparent Program. Their experience will be used to help support and encourage our participants to succeed. This program will focus on communication skills, identifying emotions, sorting, ADL's, fine motor skills and color, number and letter identification.

Program will not meet Jan 20, Feb 17, and March 17.

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Contact:.....Wendy Dobbs

Oculus Quest

Are you an Oculus Quest fanatic or do you want to learn how to operate the Oculus? Either way TRC wants you to take advantage of this new fun leisure program every Monday. Fee will cover the cost of downloading a variety of games and each participant will play games on the Oculus individually.

Program will not meet Jan 20, Feb 17, and March 17.

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....6
Cost:.....\$40.00
Contact:.....Brad Ellis

Dance & Movement

This class will focus on increasing movement and strengthening the body by making fitness a dance party. Each participant will use their muscles to participate in beneficial exercises while engaging in fun and playful dances designed to help improve their core strength and overall functioning. Dances may include Tik Tok trends, group line dances and more. At the end of the semester, participants will get a chance to perform a choreographed routine during our annual Awards Banquet.

Program will not meet Jan 20, Feb 17, March 17.
Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....15
Cost:.....\$15.00
Contact:.....Ebonique Gay

3D Art

Come join us and explore the creative art of sculpture. We will be using cardboard, found objects, and other materials (including a surprise) to create a range of different 3D sculptures throughout the semester, which will be exhibited during the Annual Awards Banquet. Be prepared to bring your imagination and creativity to create these sculptures. *Program will not meet Jan 20, Feb 17, and March 17.*

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....Must be 12 and up
Limit:.....12
Cost:.....\$25.00
Contact:.....Lenzer Evans

TUESDAY

Learning in Motion

This program will conduct theme-based activities that aid in motor and cognitive development. The adaptations in this program will offer participants an opportunity to set and achieve goals that will work on their physical and learning needs. Activities will be done based on "Learning in Motion" activity book as well as other resources.

Program will not meet March 18.

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$15.00
Contact:.....Jwan Boddie

TRC AFTER-SCHOOL PROGRAMS

WEDNESDAY

Art & Nature

We will be exploring & using the outdoors as our inspiration to create arts and crafts from nature. There will be several fieldtrips to several locations throughout Montgomery to explore, gather and make our creations.

Program will not meet March 18.

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Age:.....Must be 12 and older
 Limit:.....12
 Cost:.....\$25.00
 Contact:.....Lenzer Evans

Board Game Madness

This is the ultimate program for board game enthusiasts. In this class, each week we will learn to play a new board game. Whether you are a casual player or a strategic mastermind, this class is designed to teach and enhance your gaming experience and bring out the fun!

Program will not meet March 18.

Day:.....Tues.
 Time:.....4:00-5:00pm
 Level:.....I, II
 Limit:.....10
 Cost:.....\$25.00
 Contact:.....Amiya Salaam

Music Meow Academy

Come join MEOW (Music Education on Wheels). MEOW Academy will be providing a fun and educational performance based class centered around music education. Led by musician Terrence Baldwin, participants will learn music theory and performance techniques in voice, piano, guitar and drums.

Program will not meet March 18.

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....8
 Cost:.....\$250.00 or \$50 monthly
 Contact:.....Wendy Dobbs

Gentlemen's Club

Attention! We are looking for eager males who are willing to become the finest gentlemen that they can be. The main focus of this program will be developing the qualities and characteristics that truly define what it is to be considered a distinguished gentleman.

Program will not meet March 18.

Day:.....Tues.
 Level:.....III
 Limit:.....18
 Cost:.....\$40.00
 Contact:.....Brad Ellis

Giddy Up

We are going to giddy up and enjoy the therapeutic movement with Rockin'K, LLC. This Program will be hosted at the Coliseum and no riding skills will be taught in this class. We will have a great time interacting and bonding with the horses. We will pet, groom, and learn everything there is to know about equine therapy. *Pick up for all participants will be at the Coliseum at 5:00pm. Program will not meet March 18.*

Day:.....Tues.
 Time:.....4:00-5:00pm
 Level.....I, II
 Limit.....6
 Cost.....\$40.00
 Contact.....Wendy Dobbs

Bullseye Archery

Archery is the art of using a bow and arrow to shoot at targets. This class will be designed to improve physical abilities and strength, while promoting attentive skills and cognitive development. Our goal is to compete as an ARPA team eventually attend tournaments throughout the State. *Pick up will be at Screws Center at 5pm. Program will not meet March 18.*

Day:.....Tues.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit.....6
 Age.....12 and older
 Contact.....Gabe Lewis



Sports Mania Club Popcorn Ready

For all of the sports lovers and history buffs, it's time to posse up! We will be debating and watching sports from the past. We will watch highlight reels and have great discussions while we munch on popcorn.

Program will not meet March 19.

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....15
 Cost:.....\$20.00
 Contact:.....Bernard Burton

What's Cookin' TRC

This program is designed to create simple recipes, step by step. This will enable our participants to become more independent in the kitchen. By the end of the semester, the participants will have prepared meals that will be fundamental recipes in their repertoire.

Program will not meet March 19.

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....15
 Age:.....Must be 13 and older
 Cost:.....\$55.00
 Contact:.....Amiya Salaam

Library Adventures

This program is designed for those who enjoy story time. Each week participants will travel to the Governor Square Library, the program instructor and participants will read different books and discuss the theme behind the story.

Program will not meet March 19.

Day:.....Wed.
 Limit:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....15
 Contact:.....Brad Ellis
 Cost:.....\$15.00

TRC AFTER-SCHOOL PROGRAMS

Foster Senior Grandparent Program 2

This program is being offered twice and will be led by Ameri Corps Seniors Foster Grandparents Program. Their experience will be used to help support and encourage our participants to succeed by offering 1:1. This class will focus on color, number and letter identification and fine motor skills.

Day:.....Wed.
Time:.....4:00-5:00pm
Levels:.....I, II
Limit:.....10
Contact:.....Wendy Dobbs

Drama Club

Looking to show off that special talent on stage? Join the Drama Club! This class will focus on acting, dance, and other skills as we prepare to put on our annual Holiday Dinner and Performance Night. We will have another great production for Fall 2025. *Program will not meet March 19.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Age:.....12 & older
Contact:.....Lenzer Evans

THURSDAY

Gallery Arts

TRC and the Montgomery Museum of Fine Arts are continuing our partnership. We will be visiting the museum once every three weeks and will be creating projects based on current exhibits. We'll explore various materials and skills as we continue to sharpen our artistic voice. The fee covers materials and a semester end gallery celebration.

Program will not meet March 20

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....Must be 18 and older
Limit:.....12
Cost:.....\$40.00
Contact:.....Lenzer Evans

Disney+ Movie Theater

Do you enjoy action packed movies, while munching on popcorn and drinking sodas? If that sounds interesting to you, then come join this fun group and watch a great movie every week.

Program will not meet March 20.

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....20
Cost:.....\$15.00
Contact:.....Brad Ellis

Kickboxing

This class is for those who want to not only learn to punch and kick, but gain discipline and confidence in a fun setting. Each participant will learn and understand how to execute the various techniques, drills, and sparring skills with others.

Program will not meet March 20.

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....Must be 10 and older
Limit:.....10
Contact:.....Jwan Boddie

Bits & Pieces Lego Masters

This fun and innovative class works on fine motor, problem solving, and creativity skills. Each week participants will use legos to create in class masterpieces. This class can also be used to promote teamwork and communication skills. Just us as we have fun in this amazing class.

Program will not meet March 20.

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....15
Cost:.....\$20.00
Contact:.....Amiya Salaam

BE SURE TO REGISTER FOR ONE OF OUR ADAPTIVE SPORTS PROGRAMS.

TRC Round Up

Rockin' K LLC will also be offering the Round Up class. This class teaches the basic skills you need for horseback riding. This class will be held at the Coliseum Crawford Arena and focuses on balance, muscle tone, posture, coordination, and motor skills. Pick up for all participants will be at the Coliseum at 5:00pm.

Program will not meet March 20.

Day:.....Thur.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....10
Cost:.....\$40.00
Contact:.....Wendy Dobbs

FRIDAY

Evolve Music Therapy

This class will use interventions to accomplish goals by a board certified music therapist, Jocelyn Stovall. Goal of the class will include but not limited to lessening agitation/stress reduction, increase communication skills, social interactions, plus self-expression.

Program will not meet March 21, April 18,

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$325.00 or \$65.00 monthly
Contact:.....Wendy Dobbs

Sensory Art

Sensory Art is focused on creating works of art that explore and use our senses of sight, touch, and smell. We will be exploring different materials that will engage these senses as well as work on motor skills, and our hand-eye coordination.

Program will not meet March 21, April 18

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$20.00
Contact:.....Lenzer Evans

SPECIAL EVENTS

Sense And See

Welcome to Sense & See! This will be a fun and engaging program. This class is all about exploring the world through their senses and discovering the magic in everyday moments.

Program will not meet March 21, April 18.

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....I, II
 Limit:.....12
 Cost:.....\$25.00
 Contact:.....Amiya Salaam



✓ Feel The Beat From Your Seat TAP!

This is an inclusive tap program. Staff has completed the Tap For All course & certification in order to teach this class. Participants will be sitting down using a lap top sized board to tap either from their lap or on a table and special tap hand mittens. This will be a great way to promote movement and learn choreography for those with mobility issues. *Program will not meet March 21, April 18.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Limit:.....10
 Contact:.....Ralph Evans

THE FIRST DAY FOR AFTER-SCHOOL PROGRAMS IS MON., JAN. 13, 2025. THE LAST DAY IS WED., MAY 14, 2025.

Valentine's Sneaker Ball

You are invited to put on your flyest attire (your best suit or dress) coupled with your favorite pair of sneakers! So come dressed in your finest! DJ Lew will join us again and get ready for an exciting night of fun, food, friends and dancing! Dance will be held at Gateway Lodge. *After-school programs are cancelled for this event.*

Date:.....Thurs, February 13, 2025
 Time:.....6:00-9:00pm
 Level:.....I, II, III
 Limit:.....15
 Cost:.....\$6.00
 Contact:.....Wendy Dobbs

TRC's Gaming Paradise

Join us at TRC's Gaming Paradise for a day of epic gaming and competition. Get ready to immerse yourself in the world of EA Sports and show off your skills. Within the event, Game Time Game Truck will be providing the gaming truck. There will also be lunch, gift bags and awards given out at the end.

Date:.....Wed, March 19, 2025
 Time:.....6:00 - 8:00pm
 Cost:.....\$60.00
 Level:.....III
 Limit:.....15 (13 & older)
 Contact:.....Gabe Lewis

Kickin' It With TRC

Join our action packed kickball game where fun, fitness, and teamwork come together! Learn the basic, master new skills and enjoy friendly competition in a supportive environment perfect for everyone. Get ready to kick, run and laugh your way to a great time! Bring your energy and let's play! Lunch and hydration will be provided!

Date:.....Thurs, March 20, 2025
 Time:.....11:00am-3:00pm
 Limit:.....20
 Levels:.....II, III
 Cost:.....\$20.00
 Contact:.....Amiya Salaam

TRC Valentine's Fork & Film

This event was so successful last year, we decided to offer it again! Join us for a valentine screening of a Valentine's themed movie, which will be announced closer to the date of the event. The movie will be viewed on an inflatable movie screen. Please wear Valentine color PJ's and bring your favorite lounge chair and or cozy blanket. Dinner will be served first and movie to follow with popcorn.

Date:.....Sat. February 8, 2025
 Time.....4:00-8:00pm
 Levels:.....II, III
 Limit:.....16
 Cost:.....\$20.00
 Contact:.....Lytericka Gray



Jammin' With The BEATS

Jammin' with the BEATS is a fun, high energy class that will focus on majorette dancing and moving to the beat of various music. During this session, our local Montgomery team, Dancing BEATS of Montgomery, will come in and build strength, balance, and coordination, This session will encourage participants to dance outside of the box and bring their own personality to each movement. After jammin', we will all have a chance to highlight what we learned over lunch together. Come in your comfortable dance attire and get ready to jam!

Date:.....Tues, March 18, 2025
 Time:.....1:00-4:00pm
 Limit:.....15
 Levels:..... II, III (13 & older)
 Cost:.....\$15.00
 Contact:.....Ebonique Gay

SPECIAL EVENTS

Spring Camp ASCCA

Do you enjoy a weekend full of exciting outdoor activities? Camp ASCCA located at the beautiful Lake Martin, has activities including Zip lines, karaoke, boating activities, swimming, physical games, fishing and more. Any participants that are unable to sleep throughout the night will not be allowed to attend this weekend overnight trip.

After-school programs are cancelled for this event.

Date:.....March 28-30, 2025
 Time:.....TBA
 Level:.....I, II, III
 Limit:.....14
 Cost:.....TBA
 Contact:.....Wendy Dobbs

Skyzone Jump Fest

Get ready for an unforgettable day of high flying fun at Skyzone! Join us at the trampoline park for an action packed event featuring wall-to-wall trampolines and exciting games perfect for all ages. Whether you are bouncing, flipping, or diving into foam pits, this event is all about making memories. Staying active and enjoying nonstop laughter. Don't miss out on this sky high adventure. Lunch will be provided.

Date:.....Mon., March 17, 2025
 Time:.....11:00am - 3:00pm
 Level:.....I, II, III
 Limit:.....15
 Cost:.....\$35.00
 Contact:.....Amiya Salaam



Easter Feast & Frenzy

Join us for our Easter Feast & Frenzy! Come enjoy a fun filled day with an Easter egg hunt, dying Easter eggs and a delicious lunch. Plus, there will be a GOLDEN egg hidden during the Easter egg hunt, adding extra excitement to the day! Each participant will also receive an Easter basket and it will be filled with goodies. Join us for a memorable and joyful experience with plenty of laughter and fun for everyone. You don't want to miss it because it will be an eggtravaganza!

Date:..... Sat, April 12, 2025
 Time:.....11:00am-2:00pm
 Levels:.....I, II, III
 Limit:.....12 (8 years & older)
 Cost:.....\$60.00
 Contact:.....Amiya Salaam

Glow Up Silent Disco

PAR*TAY This will be an epic dance party that is the latest and greatest craze! Participants will listen to music through glowing wireless headphones instead of a speaker system with two different channels of music for participants to choose to dance to. How cool will it be to walk in a room without music playing out loud and see nothing but participants dancing to different tempos and singing to different songs. **AND...WEAR YOUR BEST NEON OUTFIT!**

Date:.....Fri., May 2, 2025
 Time:.....7:00-9:00pm
 Level:.....I, II, III
 Limit:.....50
 Cost:.....\$25.00
 Contact:.....Wendy Dobbs



Spring Fling Formal

This is the event of the semester! TRC welcomes you to An Evening of Spring Colors. Get all dressed up in your best attire and put on your dancing shoes as we have our Spring Formal. Light refreshments will be served. After-school programs are cancelled for this event.

Date:.....Fri., April 25, 2025
 Time:.....6:00-9:00pm
 Levels:.....I, II, III
 Cost:.....\$7.00
 Contact:.....Lenzer Evans

Hall Foundation Camp ASCAA

Come join us for the second trip of the semester Camp ASCAA. We'll enjoy a fantastic time zip lining, swimming, singing and so much more! This camp will be led by the students and professors from the University of North Alabama as part of their learning experience.

Any participants that are unable to sleep throughout the night will not be allowed to attend this weekend overnight trip.

Date:.....May 20-23, 2025
 Time:.....TBA
 Level:.....I, II, III
 Limit:.....14
 Cost:.....TBA
 Contact:.....Wendy Dobbs

TRC AWARDS BANQUET

This is a very special annual event, where we recognize all the after-school participants for their hard work during our Spring Semester. During the banquet the main course will be provided by TRC; however, we ask that each family bring a dessert for this event.

Date:.....Thur. May 15, 2025
 Time:.....6:00 - 8:00pm
 Cost:.....FREE
 Levels:.....I, II, III
 Contact:.....Wendy Dobbs

ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter www.montgomeryal.gov
3. Next, place the cursor on “How Do I” at the top of screen.
4. A drop down menu will appear underneath the heading “register”, click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.
7. Payment must be received by 5:00pm on Friday, December 13, 2024 or your registration will be cancelled.

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for fall semester programs and participants wanting to register for the fall semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00am?

NO! The company will not let you register before 9:00am.

What if I don’t have a computer?

The MTRC will be open Sat., December 7, 2024, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due in full by Friday, December 13, 2024, or your registration will be cancelled.

There will be a \$6.00 registration fee

SPRING 2025 REGISTRATION FORM

Date _____

Name: _____

Home Phone: _____

Address _____

City: _____

State: _____ Zip: _____

Preferred form of contact: Phone Call or Email

D.O.B. _____

E-mail Address _____ @ _____

Emergency Contact: _____

Emergency number: _____

Disability: _____ Food Allergies: _____

Directions: Please indicate the activities you/your child would like to attend this semester.

AFTER-SCHOOL

MONDAY

- ___ TRC Tigers Basketball II, III
- ___ Playdoh Madness I, II
- ___ 3D Arts II, III
- ___ Dance and Movement II, III
- ___ Oculus Quest II, III
- ___ Senior Mentor Program I, II

TUESDAY

- ___ Art & Nature II, III
- ___ Gentlemen's Club III
- ___ Board Game Madness I, II
- ___ Music Meow Academy II, III
- ___ Learning in Motion I, II
- ___ Bull's Eye Archery II, III
- ___ Giddy Up I, II

WEDNESDAY

- ___ Golf III
- ___ Pickleball III
- ___ Sports Mania II, III
- ___ What's Cooking II, III
- ___ Let's Go Swimming II,
- ___ Library Adventures I, II, III
- ___ Drama Club II, III
- ___ Senior Mentor 2 Program I, II

THURSDAY

- ___ Rockin Rollers Bocce II, III
- ___ Gallery Art II, III
- ___ Kickboxing III
- ___ Disney + Movie Theater I, II, III
- ___ Bits & Pieces Legos I, II
- ___ Track & Field II, III
- ___ TRC Round Up III

FRIDAY

- ___ TRC Tigers Basketball II, III
- ___ Strikers II, III
- ___ Feel the Beat Tap Program III
- ___ Sensory Art I, II
- ___ Evolve Music Therapy I, II
- ___ Sense & See I, II

SPECIAL EVENTS

- ___ TRC's Gaming Paradise III
- ___ Valentine's Fork and Film II, III
- ___ Valentine's Dance I, II, III
- ___ Kickin' It with TRC II, III
- ___ Jammin' w/ the Beats II, III
- ___ Spring Camp ASCCA I, II, III
- ___ Sky Zone Jump Fest I, II, III
- ___ Spring Fling Formal I, II, III
- ___ Easter Feast & Frenzy I, II, III
- ___ Hall Foundation Camp ASCCA I, II, III
- ___ Glow Up Silent Disco I, II, III

Method of payment: ___ Cash ___ Check # _____ Locker Fee _____ \$10.00 Locker # _____

Wellness Fee: _____ Late Fee: _____ \$5.00 Other Fee/s _____

Total Amount Due: \$ _____ Amount Received: \$ _____ Date Received: _____

Received By: _____ Receipt # _____ Receipt Given: ___ Yes ___ No

FOR OFFICE USE ONLY

DATES TO REMEMBER

- Sat., December 7, 2024.....Spring Registration begin
- Fri., December 13, 2024.....Spring Registration ends
- Mon., January 13, 2025.....Spring After-school programs begin
- Mon., January 20, 2025.....Martin L King Day TRC Closed
- Thurs., Feb. 13, 2025.....Valentine's Sneaker Ball After-school programs cancelled
- Mon., Feb. 17, 2025.....President's Day TRC Closed
- Fri.-Sun., March 28-30, 2025...Spring Camp ASCCA After-school programs cancelled
- Mon.-Fri., Mar. 17-21, 2025.....Spring Break Week After-school programs cancelled
- Mon., March 17, 2025.....Sky Zone Jump Fest
- Tues., March 18, 2025.....Jammin' With The BEATS
- Wed., March 19, 2025.....TRC's Gaming in Paradise
- Sat. April 12, 2025.....Easter Feast & Frenzy
- Fri., April 25, 2025.....Glow Up Silent Disco
- Fri., May 2, 2025.....Spring Fling Formal After-school programs cancelled
- Wed., May 14, 2025.....Last Day of After-school programs
- Thur., May 15, 2025.....Awards Banquet
- TBA.....Special Olympics State Games
- Tue.-Fri., May 20-23, 2025.....Hall Foundation Camp ASCCA
- Mon., May 26, 2025.....Memorial Day TRC Closed

Montgomery Therapeutic Recreation Center

3446 LeBron Rd.

Montgomery, Alabama 36111 334.240.4595

City Officials

Steven Reed, Mayor

Leisure Services

Brandon Dean, Director of Leisure Services

MTRC Staff

Administration

Wendy Dobbs, Director

Letonia Lewis, Secretary

Aquatics Department

Jeffery Barlow, Aquatics Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Kristen Sellers, Aquatics Instructor

Creative Arts Department

Lenzer Evans, Asst. Creative Arts Coordinator

General Recreation Department

Brad Ellis, Transportation Coordinator

Jwan Boddie, General Recreation Instructor

Ebonique Gay, General Recreation Instructor

Gabriel Lewis, General Recreation Instructor

Bernard Burton, General Recreation Instructor

Amiya Salaam, General Recreation Instructor

Fredrick O'Neal, General Recreation Instructor

Jacari Jackson, General Recreation Instructor

Resource Lab Department

Joye Bigelow, Resource lab Coordinator

Custodial Service

Lytericka Gray, Custodian

Johnnie Brown, Custodian

Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department