



The world is changed by your example, not by your opinion.

Paulo Coelho

Open Enrollment is Almost Over!

***The 2024 Open Enrollment period will end July 31.
All changes will take effect October 1.***

If you miss your department enrollment, or need to make additional changes, you may call the Enrollment Call Center during the Make-Up Schedule below:

July 22 - July 31

Call: [1-833-703-1967](tel:1-833-703-1967)

Code: [1845957](tel:1845957)

7:00a - 7:00p CST

Reminder:

Group Health Plan premiums will increase beginning with the October 4th paycheck.

Click to view the [**Premium Rate Sheet.**](#)

Aflac will have a Special Enrollment Period in the month of August.

All enrollments and changes will take effect October 1st.

Available Policies:

Accident Insurance

Cancer/Specified Disease

Critical Illness

Disability

Hospital Indemnity



Click [**Here**](#) to schedule your enrollment.

Call Aflac agent, Carol Jackson (334) 301-3818, with any questions.

New Flexible Spending Account Vendor

NueSynergy will become the City's new FSA vendor beginning October 1, 2024.

This vendor will manage the Flexible Spending Accounts (Healthcare and Dependent Care) and the Health Reimbursement Account (members on the HMP Plan).

Rollover funds (up to \$610) in your Healthcare FSA through AIG will be automatically applied to your NueSynergy account early November. Dependent Care funds do not rollover.

You will be able to file outstanding claims through AIG through October 31st. After this date, you will no longer have access to the AIG portal.

NueSynergy will mail new account information and FSA/HRA cards by mid-September after all Open Enrollment data is processed.

Below are links to helpful videos to get you started:

[How Do I Complete My Profile](#)

[How Do I Check My Balance](#)

[How Do I File a Claim](#)



Stay Safe in the Summer Heat

During these Summer months, it is important for city workers to be mindful of the potential dangers of working in extreme heat. With temperatures rising, it is crucial to take precautions to protect yourself from heat-related illnesses and stay safe while on the job.

Here are some important reminders for city workers to keep in mind when working in the heat:

1. Stay Hydrated
2. Take Breaks in the Shade
3. Wear Sun Protection
4. Dress Appropriately
5. Know the Signs of Heat-Related Illness
6. Be Mindful of Physical Limits
7. Look Out for Each Other

By following these simple tips and being mindful of the dangers of working in the heat, city workers can stay safe and healthy during the summer months. Remember, your well-being is the top priority, so take care of yourself and your coworkers as you work to keep our city running smoothly.



July EAP Webinar

Household and Individual Budgeting

This webinar will help enlighten and clarify how we manage our money and how to budget properly.

The webinar is available all month long on the Uprise Health Work-Life Portal.

Visit members.uprisehealth.com, enter Access Code **CityOfMontgomery**, and click **Work-Life Sign In**.

View the [2024 Monthly Webinar Calendar](#) for upcoming webinars.

New RSA-1 Roth Account

RSA has a new RSA-1 Roth account.

This new account is a voluntary after-tax contribution option which means no taxes on qualified distributions, no required minimum distributions during your lifetime and funds can be passed on to your beneficiaries tax-free.

RSA-1 also has new online features:

- Enroll online
- Submit contribution changes
- Make investment changes
- Beneficiary changes
- Check status of requests
- View account details



If you would like to learn more, please contact RSA-1 at 334-517-7000 or visit the website at www.rsa-al.gov/rsa-1/.



Contact Us

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Risk Management Webpage

[www.montgomeryal.gov/
government/city-employees/
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- Benefit Plan Documents & Enrollment Forms
- Wellness Program Resources
- Workers' Comp Forms & Instructions
- City Driver Permit Application
- Archived Newsletters
- And more