



*Not everything that is faced can be changed, but nothing can be changed until it is faced.*

*James Baldwin*

## Is Your Contact Information Correct?

As we approach the new year, this is a good time to review your contact information and make any necessary changes. It is essential the City has your correct address, email, and phone number so you don't miss important communications.

To check your information, log in to [Employee Online](#) and select **Address** under **Personal Information**. Any updates should be made with your department payroll clerk.

## Are You a New Employee?

New employees with the City of Montgomery are to watch the online New Employee Orientation video immediately upon hire.

Within two weeks of completing the New Employee Orientation, all full-time employees will be contacted by a Colonial Benefits Counselor to enroll in their benefits. Benefits start the 1st of the month following enrollment.

» [New Employee Orientation video](#) «

## Health Risk Assessment Update

The last day to complete this year's HRA was September 30th.

In accordance with the [HRA Policy](#), employees who did not complete the HRA by that deadline are considered Not-Compliant and will be charged \$25/pay period. This deduction will start January 2023 and will end December 2023 unless documentation is submitted that proves compliance.

The next opportunity to complete the HRA is January 1, 2023 - September 30, 2023.

# Pharmacy Updates

Effective January 1, 2023, new ways to help lower your prescription drug costs will be added to the City's Health Plan called *Rx Savings Solutions* and *Specialty Copay Incentive*.

## *Rx Savings Solutions*

Rx Savings Solutions is an online tool that provides transparency by making members more aware of price options for their medications.

### **How it Works:**

1 - Rx Savings Solutions looks at the medications you take and **finds other options that may save you money.**

2 - **Your online account shows which lower-cost prescriptions are available** and lets you compare prices.

3 - **Switch to a lower-cost option with ease.** Rx Savings Solutions will handle everything with your doctor and pharmacy.

4 - Rx Savings Solutions will contact you **anytime you can be spending less.**

## *Specialty Copay Incentive*

The Specialty Copay Incentive allows members to purchase select specialty and biosimilar drugs at \$0 copay.

Blue Cross/Prime Therapeutics will send letters to all eligible members in December.

More information on these updates will be available closer to the January 1st effective date.

# Congratulate the New Employee Benefits Administrator!

## *Erika Levett*

Erika was promoted from Employee Benefits Coordinator to the Administrator position in September.

Erika has been in the City Risk Management Department since she was hired in December 2012. She looks forward to learning more about benefit strategies and creating more opportunities for employee engagement.





# Workers' Compensation

## *Physician Authorization and Treatment Report (Blue Form)*

Employees are responsible for taking a Blue Form to each approved doctor or physical therapist appointment and returning it to their department/supervisor after each visit. This form is used to determine follow-up appointments and work status. Blue Forms can be found on the [Safety & Claims webpage](#).

## *Prescription Cards*

Employees needing medication for injuries, that are not available at the Occupational Center, will be given a First Fill card by the Premise Health Provider. Cards are also mailed to the member after claims are set up with Corporate Pharmacy Services (CPS), workers' compensation pharmacy company. This card can be taken to any pharmacy.

## *Workers' Compensation Bills*

If you receive a bill relating to your workers' compensation injury, you should immediately contact Millennium Risk Managers (MRM) claims adjuster, Anita Pollard at 205-730-2850.



# November EAP Webinar

## *Mindset for Success*

Mindset has a huge influence on physical and emotional wellbeing, relationships, and personal success. You will leave this webinar armed with strategies for making simple shifts in thinking that can lead to great change.

The webinar is available all month long on the Uprise Health Work-Life Portal.

Visit [members.uprisehealth.com](https://members.uprisehealth.com), enter Access Code **CityOfMontgomery**, and click **Work-Life Sign In**.

View the [2022 Monthly Webinar Calendar](#) for upcoming webinars.

# Premise Health

## *Home Delivery Program*

If you have a long-term, ongoing generic prescription, you may qualify for the Premise Health Home Delivery program. Rather than making an extra trip to the pharmacy, you can now get your prescriptions shipped to you at no extra cost. Simply schedule an in-person appointment with your Premise Health provider to discuss your medications.

Log into your account at [mypremisehealth.com](https://mypremisehealth.com). Click “Schedule an Appointment” and then select “Established Member Standard Visit - In-Person”. Follow the prompts and answer “yes” when asked about medication refills.

Be sure to schedule your appointment 14 days before you need your medications to make sure they’re delivered to your home by the time you need them.



## Contact Us

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## Risk Management Webpage

**[www.montgomeryal.gov/  
work/city-employee-resources/  
risk-management](http://www.montgomeryal.gov/work/city-employee-resources/risk-management)**

- Benefit Plan Documents & Enrollment Forms
- Wellness Program Resources
- Workers' Comp Forms & Instructions
- City Driver Permit Application
- Archived Newsletters
- And more