VISION STATEMENT

The Montgomery Police Athletic/Activities League (MPAL) provides a safe, affordable place for children to go when they are not in school. A place where caring adults offer thoughtfully designed activities to help them succeed academically, make healthy lifestyle choices and grow to be productive adults.

MISSION STATEMENT

The Police Athletic/Activities League, the Montgomery Police Department, other law enforcement, and community partners engage Montgomery's youth with mentoring, sports, STEM (Science, Technology Engineering and Math), life skills, cultural arts and other constructive activities that provide alternatives to undesirable behaviors.

YOUTH DEVELOPMENT PHILOSOPHY

PAL's philosophy is grounded in the belief that young people's individual strengths and capabilities can guide them to mature, productive adulthoods with our encouragement and commitment. PAL's activities are experiential opportunities for young people to expand their horizons and realize their full potential. PAL is committed to training staff in current youth development practices and works towards ensuring that youth have a voice and an opportunity to succeed.



PROUD PARTNERS





MONTGOMERY POLICE ATHLETIC LEAGUE

MPAL



"Empowering Youth For A Sustainable Future"

McIntyre Community Center 1240 Hugh Street Montgomery, AL 36108 Contact: (334) 625-4800

WHO WE ARE

The Police Athletic/Activities League of Montgomery (MPAL) is a 501(c)(3) youthserving nonprofit that enriches the lives of children by creating positive relationships between law enforcement officers and the youth of our community through education, athletic, outreach, and teen leadership programs.

Our work to build positive relationships between police officers and kids-through our collaborative partnership with the Montgomery Police Department—sets us apart from other youth-serving organizations in our community.

These relationships are transformational for both the officers and the kids who participate in our programs, giving our community and our kids the opportunity to grow stronger together.











ATHLETICS

SPORTS PROGRAMS ARE OUR FOUNDATION, OUR ROOTS, AND OUR HISTORY

Our Athletics program is about more than just sports. Our youth athletes learn valuable life lessons like teamwork, perseverance, and determination.



EDUCATION

EVERY CHILD DESERVES THE CHANCE TO HAVE A SUCCESSFUL FUTURE

With STEM-based learning, academic instruction, character building, mental health counseling, and nutritious food, our Afterschool and Summer Camp programs are equipped to help kids thrive



TEEN LEADERSHIP

YOUTH-LED APPROACH THAT EMPOWERS TEENS

From job training experience to community service, and leadership workshops to professional skill building, our MPAL Teen Leadership Program ensures that teens have the necessary tools to be Leaders for Life.



OUTREACH

OUTREACH IS THE CORNERSTONE OF OUR MISSION

Our outreach initiatives bring our mission out into the community where our officers change the lives of kids by building positive relationships and trust.

PAL PROGRAM ACTIVITIES

PAL Chapters all across the nation have implemented a wide range of programs in different areas. Take a look below at the many activities MPAL will offer in our community.

ATHLETICS

- Archery
- Baseball/softball
- Basketball
- Boxing
- Cheer Leading
- Dodge Ball
- Fitness & Nutrition
- Football
- Kickball
- Pickleball
- Soccer
- Swimming

OUTDOOR ACTIVITIES

- Canoeing/Kayaking
- Cardio Classes
- Fishing
- Horseback Riding
- Mountain Biking
- Gardening

CHARACTER DEVELOPMENT & EDUCATION

AFTERSCHOOL ENRICHMENT

- Career
 Development
- Community Service
- Family Counseling
- Homework Help
- Junior Police Explorer
- Leadership
 Development
- Mentoring
- STEM Activities

THE ARTS

- Audio/Visual Editing
- Cooking
- Dancing/Zumba
- Debate Team
- Film
- Music Lessons
- Photography
- Pottery
- Woodworking

