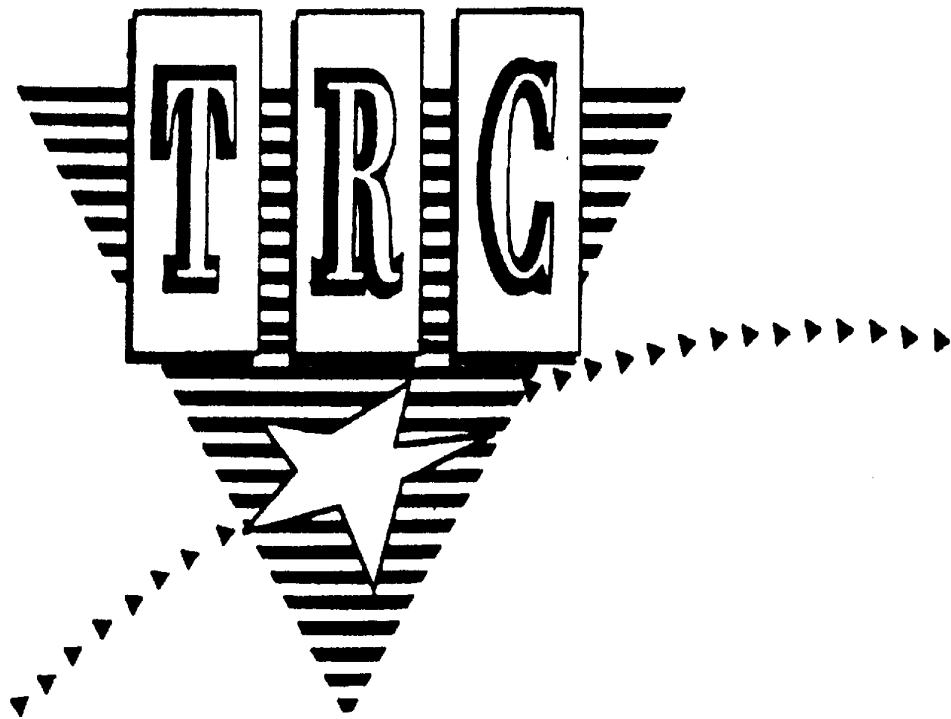


**MONTGOMERY THERAPEUTIC
RECREATION CENTER
SUMMER BROCHURE**

JUNE 5, 2017 - JULY 31, 2017

TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!



“THE BENEFITS ARE ENDLESS”

GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday and Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

City Holidays: The TRC will be closed the following holidays:

REGISTRATION NOTES

1. Registration for Summer semester is Saturday, May 13, 2017 from 9:00am - 12:00pm and Monday, May 15, 2017 through Friday, May 19, 2017 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. *Fees are nonrefundable!*
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

Personal Belongings: The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones, and other items of value to the center.



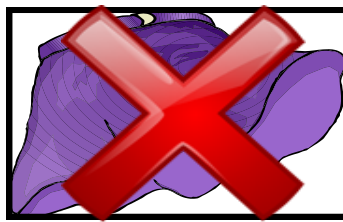
New Program Symbol: When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

PARENT INFORMATION

IN ORDER TO ASSIST OUR STAFF, PLEASE MAKE SURE YOUR CAMPER'S NAME IS PUT ON ALL CLOTHING, TOWELS, BACKPACKS, ETC. BROUGHT TO TRC'S CAMP HORIZON. THIS WILL HELP REDUCE THE AMOUNT OF LOST ITEMS.



Flip-flops



Mini-skirts



Open toe sandals



Heels

Parents, please be mindful of all the types of activities all campers are participating in and dress your camper appropriately for camp. Appropriate attire for camp is t-shirt, loose fitting shorts or long pants, gym shoes, etc.

**LAST DAY
OF CAMP
HORIZON IS
THURSDAY,
JULY 27, 2017**

**If signing up for all 8 weeks of
camp, payment for the first 4
weeks is due upon
registration and the second
half is due by
Fri., June 30, 2017.**

**All campers must be
signed in daily for
Camp Horizon by a
parent/guardian.**



**MTRC is not responsible for
items brought from home. (ex.
Toys, CD Players, MP3 Player,
Money, Cell Phones, etc...)**

LATE FEE

**Effective October 3, 2005, a late fee
will be charged daily when a camper
is picked up late. You will be given a
grace period of 20 minutes. For
every minute that you are late, \$1.00
will be charged.**

ONGOING PROGRAMS

TRC Strikers Bowling Team Keeping in Touch in the Summer

Movies, Lunch! Bowling! What more can you ask for this summer?! The Strikers Bowling Team will meet this summer to keep in touch over the summer months. Please drop off your bowler at the TRC at 8:00am and pick them up at Bama Lanes at 4:00pm.

Day:.....Fri. June 9, 2017
Day:.....Fri. June 30, 2017
Time:.....8:00am - 4:00pm
Cost:.....Each session \$24.50
Contact:.....Chris McNeil

Blue Marlin Swim Team Lap This will be a perfect time to work on individual needs and help keep your endurance up and feel good about yourself. We will work on stroke techniques, breathing and completion turns. We will have some fun and games while we learn. Open to swim team members only! Swim team will meet on

Tuesdays for the summer and also have the option to swim during regular lap swim hours.

Day:.....Tuesdays
Time:.....3:00 - 4:30pm
Contact:.....Ralph Evans

Pediatric Play Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week children will experience a wide variety of activities to improve fine motor skills, sensory difference, trunk balance and much, much more. Children will also be provided a snack.

Day:.....Fridays
Time:.....10:30am - 12:00pm
Limit:.....4
Ages:.....2 - 5 years of age
Cost:.....\$10.00 Monthly
Contact:.....Wendy Dobbs

Adult Day Program Summer Camp

TRC would like for the Day Program participants to enjoy a Summer of recreational opportunities. An eight week summer program will be offered which will mimic Camp Horizon, Monday - Thursday, but this camp is for 21 and older. Activities during the day will include arts and craft, swimming, physical games, nature and science, cooking, exercise, painting, horseback riding, gardening and music. Each week will be theme based and outings will take place on Wednesdays. Pick and choose your weeks. You can register for only one week or all eight weeks.

Age:.....21 and older
Limit:.....10
Time:.....8:00am - 4:00pm
Cost:.....\$65.00 per week

DATES

THEMES

Week 1: (June 5 - 8)	We are Family/MTRC Spirit Week
Week 2: (June 12 - 15)	Secret Agent Spy
Week 3: (June 19 - 22)	Land Down Under
Week 4: (June 26 - 29)	Caribbean Cruise
Week 5: (July 3 - 6)	Adventureland
Week 6: (July 10 - 13)	Stars Fell on Alabama
Week 7: (July 17 - 20)	Time Travelers
Week 8: (July 24 - 27)	Around the World

2017 CAMP HORIZON

This is an eight week summer day camp targeted for a variety of special populations. Activities during the day include arts and crafts, swimming, physical games, nature and science, cooking, exercise, horseback riding, gardening and music. Fieldtrips are planned weekly. Campers must be between the ages of 5 and 21 and able to function in structured group activities. Campers fees include the cost of lunch, one t-shirt, and field trips. Camp fees are due at registration. Each camp session is facilitated Monday - Thursday from 8:00am - 4:00pm. Sessions dates, themes are as follows:

<u>DATES</u>	<u>THEMES</u>
Week 1: (June 5 - 8)	We are Family/MTRC Spirit Week
Week 2: (June 12 - 15)	Secret Agent Spy
Week 3: (June 19 - 22)	Land Down Under
Week 4: (June 26 - 29)	Caribbean Cruise
Week 5: (July 3 - 6)	Adventure Land
Week 6: (July 10 - 13)	Stars Fell on Alabama
Week 7: (July 17 - 20)	Time Travelers
Week 8: (July 24 - 27)	Around the World

Cost:.....\$65.00 per person weekly
 Limit:.....30 campers per session
 Level:.....I, II, III
 Age:.....5 - 21 years of age
 Time:.....8:00am - 4:00pm

EXTENDED CARE

Extended care has now replaced the time of evening programs from 4:00 - 5:00pm. TRC offers extended care hours before and after Camp Horizon & Day Program to assist working parents. During evening extended care, activities will vary from a movie to structured games. Fees must be paid upon registering for extended care during registration or on the first week the camper is enrolled. CAMPERS WILL NOT BE ALLOWED TO STAY FOR EXTENDED CARE WITHOUT REGISTERING.

Days:.....Mondays - Thursdays
 Mornings:.....7:00 - 8:00am
 Afternoons:.....4:00 - 5:00pm
 Cost:.....\$10.00 per week
 Contact:.....Wendy Dobbs

WACKY WEDNESDAYS

MTRC is introducing Wacky Wednesdays! Each Wednesday we will have a theme to dress up for. Go all out for crazy hair day or get creative for favorite book character day. At the end of each Wednesday we'll draw a winner who will receive a small prize. (Please remember to follow MTRC dress codes guidelines for these days).

Wed., June 7, 2017.....Favorite Sports Team Day
 Wed., June 14, 2017...Favorite Book Character Day
 Wed., June 21, 2017.....Crazy Hair/Hat Day
 Wed., June 28, 2017.....Beachwear/Hawaiian Day
 Wed., July 5, 2017.....Camping/Outdoors Day
 Wed., July 12,2017.....Alabama Dress Up Day
 Wed., July 19,2017.....70's Day
 Wed., July 26, 2017.....Backwards Day

ADAPTED SPORTS

MTRC OVERTIME

So you just can't get enough of TRC!!! Well come on and sign up for Overtime!!! We will have fun taking trips, doing arts and crafts, playing games and just socializing. This program is specially designed for participants 21 years old and older.

.....Days:.....
.....Mondays and Tuesdays
Time:.....3:30 - 5:00pm
Level:.....II, III
Age.....21 and up
Limit:.....10
Contact:.....Coratio Vinson

If you need a dose of summertime fun, register for MTRC Overtime for lots of activities and fun.

Don't forget to register for one of the many special events MTRC has this semester.

PARENTS
DON'T FORGET TO LABEL ALL YOUR CHILD'S CLOTHING, TOWELS, BOOKBAGS, ETC. FOR CAMP HORIZON.

SPECIAL EVENTS

Sto's Adventures to Six

Flags Over Georgia Join us for a day of fun and excitement at one of the greatest theme parks in the South. This will be an unforgettable day in the park from pulse pounding roller coasters to more gentler options. You even have the chance to cool off in the water park called Hurricane Harbor inside Six Flags in between rides. Wear comfortable clothes and shoes. A generous donation in memory of the late John Stowers was given to allow participants from MTRC to enjoy this trip. Lunch and dinner will be provided.

Date:.....Monday, July 31, 2017
Time:.....5:30am - 9:00pm
Level:.....II, III
Limit:.....15
Cost:.....FREE
Contact:.....Wendy Dobbs

Don't forget to register for one of our many special events

Don't forget to register for Six Flags Over Georgia

Lunch & a Movie Join us as we go to Carmike Cinemas 13. We will watch the newest and latest movie out and then have lunch at Sweet Baby Jane's home cooking restaurant.

Date:.....Fri., June 9, 2017
Time:.....9:30am - 3:00pm
Level:.....I, II, III
Limit:.....Must have 15 min.
Cost:.....\$ 35.00
Contact:.....Brad Ellis

Outdoor Adventure Fun

Day Come join us as we have a fun filled day outdoors at Gateway Park. Activities will include fishing, archery and kayaking and other outdoor games. The group will travel to a local eatery for lunch.

Date:.....Fri., June 16, 2017
Time:.....TBA
Level:.....II, III
Limit:.....15
Cost:.....\$10.00
Contact:.....Aaron Cole

PARENT'S PLEASE BE MINDFUL OF DROP OFF AND PICK UP TIMES FOR ALL SPECIAL EVENTS

MTRC Alabama Splash

Do you enjoy swimming and spending time with friends? Well this is the perfect event for you! Bring your towels, shades and your favorite float and we'll spend the day at Alabama Splash Adventure. So don't miss out! Participants registering for this special event must be able to swim. Cost includes activities and lunch, in case of rain this event will turned into a movie day at AMC Theatres.

Date:.....Fri., June 23, 2017
Time:.....8:00am - 5:00pm
Level:.....I, II, III
Limit:.....Must have 15 min.
Cost:.....\$ 50.00
Contact:.....Brad Ellis

MTRC Indoor Karting

and Games Do you enjoy bowling, fast paced go karts, billiards, arcade games? Well Andretti Indoor Karting and Games in Atlanta, Georgia has something for everyone. Fee includes lunch, activities, bowling, fast paced go karts and 20 tokens. This activity is not

SPECIAL EVENTS

suitable for all participants, we will be in fast paced go karts traveling at 30mph.

Date:.....Fri., June 30, 2017
 Time:..... 6:30am - 6:30pm
 Level:..... III
 Limit:..... 15 minimum to make
 Cost:.....\$55.00
 Contact:.....Brad Ellis

MTRC Water Park

Do you enjoy swimming and spending time with friends? Well this is the perfect event for you! Bring your towels, shades, your favorite float and let's spend the day at the MTRC pool.

Date:.....Fri., July 7, 2017
 Time:..... 10:00am - 3:00pm
 Level:.....I, II, III
 Limit:..... 15 minimum to make
 Cost:.....\$10.00
 Contact:.....Brad Ellis

Lunch and Bowl

Let's spend a day at the Lanes with our favorite people. We'll spend an action packed day @ Bama Lanes improving our score and gaining new skills. We will also eat lunch at the bowling alley. So don't miss out!

Date:.....Fri., July 14, 2017
 Time:..... 10:00am - 2:00pm
 Level:.....I, II, III
 Limit:..... 15 minimum to make
 Cost:.....\$15.00
 Contact:.....Brad Ellis

Outdoor Adventure Fun Day

II Come join us as we have a fun filled day outdoors at Gateway Park. The same activities will take place as the 1st outdoor day. We will eat at a local eatery afterwards.

Date:.....Fri., July 21, 2017
 Time:.....TBA
 Level:.....II, III
 Limit:.....15
 Cost:.....\$10.00
 Contact:.....Aaron Cole



**HAVE A HAPPY AND SAFE
 4TH OF JULY FROM THE
 STAFF AND
 MANAGEMENT OF THE
 MONTGOMERY THER-
 APEUTIC RECREA-
 TION CENTER**

Mary Poppins at ASF

Join us at ASF for a tale of wonder and fun. This play is about two children who are in need of a new nanny. Their parents want someone serious, but the children want someone fun. Mary Poppins comes along and is practically perfect in every way! Don't miss out on the magic and fun.

Please dress appropriately for this special event. No blues jeans or gym shoes.

Date:.....Sat. July 22, 2017
 Time:.....12:30-5:30pm
 Limit:.....15
 Cost:.....\$45.00
 Contact:.....Michelle Glass

Color Wars 2017

Join us for the Color War! The paint will fly as we create a huge mess, while having fun! We will begin with some messy and fun art projects. The fee covers lunch. After lunch we will enjoy a color filled slip-n-slide and have a water gun fight. The guns will be filled with colors. During our color war we will create a tie dyed shirt while wearing it. The shirt is included in the fee this year. After we make the biggest mess of the summer we will wash off and enjoy some time in the pool. Please wear clothing that you don't mind getting paint on, because we are guaranteed to make a mess!

Date:.....Fri., July 28, 2017
 Time:.....10:30am - 3:00pm
 Level:.....I, II, III
 Limit:.....16
 Cost:.....\$30.00
 Contact:.....Michelle Glass

**PARENT'S PLEASE NOTICE
 THAT SOME OF OUR SPECIAL
 EVENTS REQUIRE CERTAIN
 SKILLS (EX. MUST BE ABLE TO
 SWIM). PLEASE MAKE SURE
 THAT YOU ARE REGISTERING
 YOUR CHILD FOR PRO-
 GRAMS THAT ARE SUITABLE
 FOR HIM/HER.**

**MONTGOMERY
 PUBLIC
 SCHOOLS START
 BACK
 WEDNESDAY,
 AUGUST 10, 2017**

**AFTER-SCHOOL
 PROGRAMS WILL
 BEGIN ON
 MONDAY,
 AUGUST 14, 2017**

ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter www.montgomeryal.gov
3. Next, place the cursor on “How Do I” at the top of the screen.
4. A drop down menu will appear and underneath the heading “register”, click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.
7. Payment must be received by 5:00pm on Friday, May 19, 2017 or your registration will be cancelled.

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for Summer semester program and participants wanting to register for the summer semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

What if I don’t have a computer?

The MTRC will be open Sat., May 13, 2017, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due in full by Friday, May 19, 2017, or your registration will be cancelled.

There will be a \$6.00 registration fee for all summer programs.

**2017 CAMP HORIZON
REGISTRATION FORM
MONTGOMERY THERAPEUTIC RECREATION CENTER
604 Augusta Street Montgomery, AL 36111 (334) 240-4595**

Camper's Name: _____
First Last MI.

Date of Birth: _____ Male Female
Month Day Year

Parents Name: _____
First Last MI.

Home #: _____ Work #: _____ Cell: _____

Camper's Address: _____

City: _____ State: _____ Zip: _____

All fees must be paid upon registering for each session. Forms must be completed thoroughly to be accepted

SESSION ATTENDING (Please check all that apply)

___ Session I.....June 5 - 8

___ Session IV.....June 26 - 29

___ Session VII.....July 17 - 20

___ Session II.....June 12 - 15

___ Session V.....July 3 - 6

___ Session VIII.....July 24 - 27

___ Session III.....June 19 - 22

___ Session VI.....July 10 - 13

MEDICAL INFORMATION

1. Has the camper had a physical by your family physical by your family physician or Health Department in the past year?
YES ___ DATE _____ NO ___

2. Is the camper on medication? YES ___ NO ___ If yes, for what condition is the medication given: _____

Will he/she need to take it during CAMP DAY? YES ___ NO ___

Name of Medication: _____

Camper's reaction (drowsiness, hyperactivity, etc.): _____

Dosage: _____ Time (s) Administered: ___ am/pm ___ am/pm ___ am/pm

Name of Physician: _____ Phone # _____

3. Is the camper subject to seizures:: YES ___ NO ___ If yes what type: _____
Please describe reaction after seizures (drowsy, hyperactivity, other): _____

4. Is camper hyperactive? YES ___ NO ___ Is it caused by medication? YES ___ NO ___
Is he/she on medication to control this? YES ___ NO ___ If yes, NAME OF MEDICATION _____

What is the medical diagnosis for his/her condition? _____

Does camper use any type of assistive device? _____ If yes, what type _____ Other conditions (please specify) _____

5. Is the camper allergic to any food, drink, medication, or insect bites? YES ___ NO ___
If so, what is the reaction? _____

6. Is camper independent with toileting needs? YES ___ NO ___

7. Does camper need one-on-one assistance with any activity? YES ___ NO ___
If yes, what? _____

PERSONAL INFORMATION

1. Is the camper afraid of any animals? YES ___ NO ___

2. What is the camper's favorite activity? _____

3. Does the camper make friends easily? YES ___ NO ___

4. Is the camper active or passive? _____

GENERAL INFORMATION

1. Please indicate t-shirt size; Youth ___ Small ___ Medium ___ Large ___ X-Large
Adult ___ Small ___ Medium ___ Large ___ X-Large ___ Other

2. Name of camper's insurance company: _____ Policy Number: _____

Emergency Contact Name: _____ Phone #: _____

Medical: To the best of my knowledge, full disclosure of the participants medical history has been made to the physician named earlier.

Consent to Treatment: I authorize physician, medical staff or **CAMP HORIZON/MONTGOMERY PARKS AND RECREATION DEPARTMENT** to carry out any minor medical or surgical treatment and /or medication necessary or to take the above named participant to the emergency room of the nearest hospital, and I further authorize the hospital and it's medical staff to provide treatment deemed necessary by them for the well being of such participant.

It is understood that if hospitalization or treatment of a more serious nature is required, I will be contacted, if at all possible by phone for permission.

The physicians, organizers, directors, agents, or employees of CAMP HORIZON/MONTGOMERY PARKS AND RECREATION DEPARTMENT are hereby released, acquitted, and discharged from any claim of damage or suit by reason of any injury, illness or damage to person or property during the course of CAMP HORIZON, including transportation to and from any event, and in that regard, I hereby covenant that in my own behalf and for the above named participant not to file a claim to bring suit with respect to any such injury or damage.

I hereby irrevocably grant CAMP HORIZON permission to record the above participant's likeness and/or voice for the use by television, radio, films, radio or printed media to further the aims of camp.

I, the undersigned, am a adult participant or a parent (guardian) of the above specified minor, I have read fully and understand the provisions of the above release and have explained them to said minor. I hereby agree that I and the said minor will be bound thereby.

PARENT/GUARDIAN/ADULT PARTICIPANT SIGNED: _____ **DATE:** _____

AGENCY REPRESENTATIVE'S SIGNATURE (IF APPLICABLE): _____

PHONE: Home: _____ Work: _____ Cell: _____

SUMMER 2017 REGISTRATION FORM

PLEASE PRINT

Name: _____ Phone: _____ Level: I II III
 Daytime Phone: _____ Cell: _____
 Parent/Guardian _____ Address: _____
 City: _____ State: _____ Zip: _____ Disability _____
 Emergency Contact: _____ Phone: _____

Directions: Please indicate the activities your child would like to attend this semester

Camp Horizon (\$65.00) Extended Care (\$10.00) Day Program (\$ 65.00) Extended Care (\$10.00)

___ Week 1: June 5 - 8	___ Week 1: June 5 - 8	___ Week 1: June 5 - 8	___ Week 1: June 5 - 8
___ Week 2: June 12 - 15	___ Week 2: June 12 - 15	___ Week 2: June 12 - 15	___ Week 2: June 12 - 15
___ Week 3: June 19 - 22	___ Week 3: June 19 - 22	___ Week 3: June 19 - 22	___ Week 3: June 19 - 22
___ Week 4: June 26 - 29	___ Week 4: June 26 - 29	___ Week 4: June 26 - 29	___ Week 4: June 26 - 29
___ Week 5: July 3 - 6	___ Week 5: July 3 - 6	___ Week 5: July 3 - 6	___ Week 5: July 3 - 6
___ Week 6: July 10 - 13	___ Week 6: July 10 - 13	___ Week 6: July 10 - 13	___ Week 6: July 10 - 13
___ Week 7: July 17 - 20	___ Week 7: July 17 - 20	___ Week 7: July 17 - 20	___ Week 7: July 17 - 20
___ Week 8: July 24 - 27	___ Week 8: July 24 - 27	___ Week 8: July 24 - 27	___ Week 8: July 24 - 27

Ongoing Programs

___ TRC Strikers ___ Blue Marlin Swim Team ___ Pediatric Play

Adapted Sports

___ MTRC Overtime

Special Events

___ Six Flags over Georgia	___ Andretti Karting	___ Mary Poppins at ASF
___ Lunch & a Movie	___ Lunch & Bowl	___ Color Wars
___ Outdoor Adventure Fun Day I	___ MTRC Water Park	
___ MTRC Alabama Splash	___ Outdoor Adventure Fun Day II	

Wellness

___ Open Lab	___ Outdoor Lap Swim	___ Land Zumba	___ Wellness Assessment
___ One - On - One	___ Have it Your Way	___ Stretch - n - Tone	___ Wise Club
___ Energize Me	___ TRC Spec's	___ Land Exercise	___ Potluck Brunch
___ On the Move	___ Family Splash	___ Early Bird Series	
___ AEP	___ Aqua Zumba	___ Individual Fitness Room	

Method of payment: ___ Cash ___ Check # _____ Locker Fee _____ \$10.00 Locker # _____

Wellness Fee: _____ Late Fee: _____ \$5.00 Other Fee/s _____

Total Amount Due: \$ _____ Amount Received: \$ _____ Date Received: _____

Received By: _____ Receipt # _____ Receipt Given: ___ Yes ___ No

Montgomery Therapeutic Recreation Center

604 Augusta Street

Montgomery, Alabama

334.240.4595

City Officials

Todd Strange, Mayor

Michael Briddell, Director of Public Information & Extra Affairs

Leisure Services

Rob Spivery, Director

Fredrick Thomas, Superintendent of Recreation

MTRC Staff

Wendy Dobbs, CTRS, Director

Jeffery Barlow, Aquatics Coordinator

Coratio Vinson, Adapted Sports Coordinator

Chris McNeil, General Recreation Coordinator

Michelle Glass, Asst. Creative Arts Coordinator

Katie Johnson, Transportation Coordinator

Bernard Burton, General Recreation Instructor

Kenny Gunn, General Recreation Instructor

Ralph Chrishon, General Recreation Instructor

Abigail Boeckh, Recreation Aide/Equestrian Instructor

Lain Johnson, General Recreation Instructor

Lytericka Gray, Custodian

Aaron Cole, Assistant Director

Joye Bigelow, Resource Lab Coordinator

Pamla Tilghman, Creative Arts Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Brad Ellis, General Recreation Instructor

Sampson Cotton, General Recreation Instructor

Broderick Leonard, General Recreation Instructor

Edward Woods, Aquatics Instructor

DeCarlos Chrishon, Aquatics Instructor

Deborah Duncan, Secretary

Kristen Sellers, Aquatics Instructor

David Williams, Custodian

Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department