



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTH IS THE GREATEST WEALTH!

## THE CITY OF MONTGOMERY/YMCA WELLNESS PARTNERSHIP YMCA OF GREATER MONTGOMERY

The city of Montgomery and the YMCA of Greater Montgomery have joined together to offer a great wellness benefit to all city employees and their family members. During the open enrollment period, join the YMCA and enjoy a waived one-time joining fee (\$100). The city will subsidize your membership at the rate of \$20 per month if you agree to join the YMCA for a minimum of 12 months as well as use the YMCA 8 times per month. With this benefit, your direct cost for a family membership will be \$34 per month and your cost for an individual membership will be \$22 per month. This offer will expire June 30, 2017

### JOINING IS SIMPLE:

1. **Current YMCA Members** who are currently not taking advantage of this plan can complete a new payroll deduction form at any YMCA location to receive the city support.
2. **New members** can visit any YMCA location, fill out a payroll deduction form, and pick up membership cards.



"Helping City employees lead an active, healthy lifestyle will help us serve Montgomery and keep rising health care costs down. Having grown up in the YMCA, I know the great benefit of the life-long YMCA friends and programs that make Montgomery a better community." - Mayor Todd Strange

### BENEFITS:

- 13 convenient locations
- Over 100 group wellness classes
- 2 indoor pools & 10 outdoor pools
- 1 indoor walking track
- State-of-the-art wellness centers
- Youth wellness centers
- Summer camps
- Personal trainers available
- Adult and youth sports
- YMCA privileges while traveling

### FOR MORE INFORMATION

Contact: YMCA of GREATER MONTGOMERY

P 334 269 4362

W [ymcamontgomery.org](http://ymcamontgomery.org)