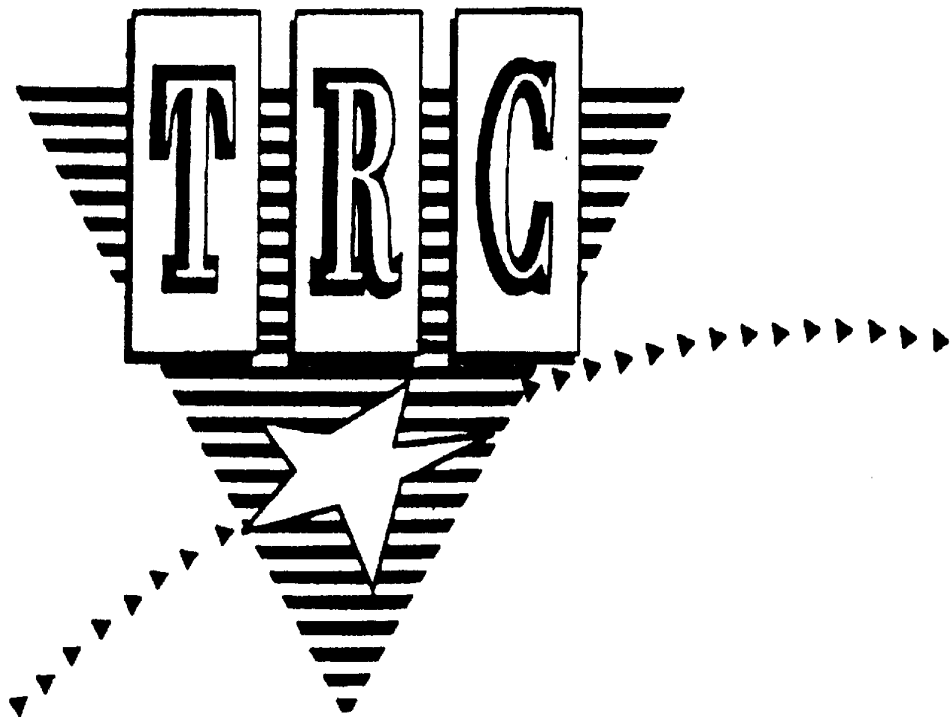


**MONTGOMERY THERAPEUTIC
RECREATION CENTER
SPRING AFTER-SCHOOL BROCHURE
January 7, 2019 - May 15, 2019**

TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!



“THE BENEFITS ARE ENDLESS”

GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday and Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

City Holidays: The TRC will be closed the following holidays:

MLK Holiday - Mon, January 21, 2019 President's Day - Mon, February 18, 2019
Memorial Day - Mon, May 27, 2019

REGISTRATION NOTES

1. Registration for Spring semester is Saturday, December 1, 2018 from 9:00am - 12:00pm and Monday, December 3, 2018 through Friday, December 7, 2018 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. *Fees are nonrefundable!*
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

Personal Belongings: The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones and other items of value to the center.



New Program Symbol: When you see this symbol in the brochure it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

ADULT DAY PROGRAM

MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, music, swimming, computer activities and much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.
Time:.....8:00am - 3:00pm
Ages:.....21 years and older
Contact:.....Wendy Dobbs

PEDIATRIC PROGRAM

Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:..... Fri.
Time:.....10:30am - 12:00pm
Limit:.....4
Ages:.....2 - 5 years of age
Contact:.....Wendy Dobbs

PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON ALL ITEMS BROUGHT TO TRC TO ASSIST MTRC STAFF WITH LOST ITEMS, (EX. HATS, GLOVES, COATS, TOWEL, BOOK BAGS, ETC.)

■ **Please be mindful that all after-school programs are scheduled from 4:00-5:00 pm.**
■ **Please do not pick your child up early unless you have notified TRC staff. Multiple early pick ups will result in a warning letter and eventual termination from programs.**

PLEASE BE MINDFUL WHEN REGISTERING YOUR CHILD OF THE DATES OF THE SPECIAL EVENTS TO ENSURE THAT YOU DON'T REGISTER YOUR CHILD FOR TWO EVENTS ON THE SAME DAY.

LATE FEES

Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late. The grace period has been extended by 5 min. You now have 20 minutes. For every minute that you are late \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.

HAVE A SAFE AND HAPPY SPRING BREAK! FROM THE STAFF AND MANAGEMENT AT THE MONTGOMERY THERAPEUTIC RECREATION CENTER.

PARENT INFORMATION



TRANSPORTATION REMINDER

IT IS VITAL THAT WE KNOW IF YOUR CHILD WILL NOT BE IN SCHOOL.

BE SURE TO CALL MTRC EACH DAY YOUR CHILD WILL BE ABSENT FROM AN AFTER-SCHOOL PROGRAM TO HELP US FACILITATE OUR TRANSPORTATION PROGRAM.

FAILURE TO NOTIFY THE MTRC THREE TIMES IN A SEMESTER MAY RESULT IN SUSPENSION OF YOUR CHILD BEING TRANSPORTED BY MTRC. PLEASE CALL 334-240-4595 IF YOUR CHILD WILL NOT BE ATTENDING MTRC .

IN ORDER TO ENSURE TRANSPORTATION FOR YOUR CHILD FROM SCHOOL, PLEASE FILL OUT SCHOOL AND DAYS ACCURATELY WHEN REGISTERING. REGISTRATION FORMS AND FEES MUST BE TURNED IN AND PAID BY DECEMBER 7, 2018. PLEASE COMMUNICATE WITH YOUR CHILD'S SCHOOL / TEACHER IN REGARDS TO TRANSPORTATION AND WHAT DAYS TRC WILL PICK UP YOUR CHILD.

ATTENTION PARENTS

PLEASE REGISTER YOUR CHILD FOR THE APPROPRIATE PROGRAM AND LEVEL. PROGRAMS ARE LISTED AS LEVEL I, II, III, OR ALL LEVELS. IF THERE IS NOT A LEVEL THAT PROGRAM IS AVAILABLE FOR ALL LEVELS. IF YOU REGISTER YOUR CHILD IN A CLASS THAT IS NOT APPROPRIATE FOR THEIR LEVEL THEY WILL BE TAKEN OUT OF THE CLASS. BECAUSE OF LIMITED CLASS SIZE WE MAY NOT BE ABLE TO PUT YOUR CHILD IN ANOTHER PROGRAM. IF YOU ARE UNSURE OF YOUR CHILD'S LEVEL, CONTACT AARON COLE, AT 334.240.4595, BEFORE REGISTRATION.



MTRC Tiger Basketball It's time to gear up for some basketball! We are preparing for our upcoming season We will focus on defense, shooting, ball handling and sportsmanship. Come join us!!! *Program will not meet Jan. 21, Feb., 18, Mar. 18, 25, Apr. 12 & 19.*
Day:.....Mon. & Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 and up
Limit:.....20
Contact:.....Katie Kotzman

TRC Easy Riders

TRC Easy Riders are getting ready for Spring semester. The riders will continue to work on skills needed to compete in scheduled horseshows and the Alabama Olympic State Games. *Program will not meet Feb. 7, Mar. 19 & 21.*
Days:.....Tues. & Thurs.
Time:.....2:00 - 3:30pm
4:00 - 5:00pm
Level:.....II, III
Limit:.....5 for each time slot
Cost:.....\$150.00 or monthly installments of \$30.00
Contact:.....Ralph Chrishon

Strikers

Striker's bowling team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes. Pick up for all Strikers will be at Bama Lanes. *Program will not meet Mar. 22, Apr.12 & 19.*
Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....15
Cost:.....\$72.00
Contact:.....Kenny Gunn

MTRC Tiger Golf MTRC is proud to continue this new and exciting golf program in conjunction with LEO Golf Academy. Golf enthusiast Quincy Leonard will be teaching basic fundamentals of golf and preparing us for Special Olympics. Golf lessons will be held at Gateway Golf Course and in the event of inclement weather, lessons will be held at MTRC. Increase in fee due to balls being provided weekly @ Gateway. *Program will not meet Mar. 20 & 22.*
Day:.....Wed. & Thurs.
Time:.....4:00 - 5:00pm
Level:..... III
Age:.....13 and up
Limit:.....6
Cost:.....\$216.00 or \$44 per month
Contact:.....Katie Kotzman

Powerlifting

Powerlifting is much more than bench press, dead lift and back squat. It's a way to learn about yourself, get stronger and build yourself up. In this class we will be working on gaining strength, proper movement and enhancing the quality of life through exercise. ****Participants must have a current Special Olympic application on file.** *Program will not meet Jan. 21, Feb. 18, Mar. 18 & 25*
Day:.....Mon. & Wed.
Time:.....2:30-3:30 pm
Level:.....III
Age:.....13 year and up
Limit:.....5
Contact:.....Katie Kotzman

Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard. The team has a parent support group that meets the second Thursday of each month. *Program will not Feb. 7, March 19 & 21.*
Days:.....Tues. & Thurs

Days:.....Tues. & Thurs
Time:.....
Adult Swimmers:.....2:00 - 3:30pm
After-school:.....4:00 - 5:00pm
Level:.....II, III
Age:.....9 years and older
Limit:.....20
Contact:.....Ralph Evans

MTRC Rockin' Rollers

Let's have a ball together! Bocce is an Italian lawn bowling game that is fun for everyone. We're putting together a team to participate in tournaments and Special Olympics. We will be playing regulation games. **This is an ongoing sport. Participants will be expected to participate in fall and spring semester in order to train for State Games in May.** *Program will not meet Mar. 22, Apr. 12 & 19.*
Day:.....Friday
Time:.....4:00-5:00 pm
Level:.....II,III
Age:.....8 years and up
Limit:.....8
Contact:.....Aaron Cole

Bulls Eye Archery

Archery is the art, sport, practice or skill of using a bow to shoot arrows. This class will be designed to improve physical, cognitive and attentive abilities. Our goal is to compete at the Special Olympics. *Program will not meet Jan. 21, Feb. 18, Mar. 18 & 25.*
Day:.....Monday
Time:.....4:00-5:00 pm
Level:.....II,III
Age:.....12 years and older
Limit:.....10
Contact:.....Gabriel Lewis

Watch out for the Hoop It Up Tournament in Spring 2018!! TBA

TRC AFTER-SCHOOL PROGRAMS

TRC LEVEL PROGRAM

Before Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2017 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club please call the contact person for that program. If parents have questions about our process please call Wendy Dobbs.

MONDAY

Jag Girls We will continue to work on building character and provide activities that foster a positive self image. These classes include special guest speakers, outings, birthday celebrations and craft time. We will also have cooking demonstrations, educational outings and dinner together. We will have outings on Mondays and some on the weekend. **Parents, caregivers and group home staff are responsible for dinners each week to feed 30 people. If you cannot provide dinner on your assigned day a 24 hour notice must be given. Participants may not be dropped off for this program until 5:00pm. Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:..... Mon.
Time:..... 5:00 - 7:00pm
Level:.....II, III
Age:..... 25 years and up
Limit:.....22
Cost:.....\$30.00
Contact:.....Michelle Glass

Craft Fever Do you have the craft fever? Then this class is for you. There will be a variety of craft projects that will be created. All you need is an imagination to design. Your projects will be featured at the Alabama National State Fair. **Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....12 and older
Limit:.....10
Cost:.....\$15.00
Contact:.....Michelle Glass

After-School Splash This after-school program consists of a small group given time for water play and exploration. There will be some fundamentals of water skills introduced and structured activities in the water. Parents are encouraged to join their children for this program. **It is mandatory that proper swim attire is worn for this class every week. Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....8
Contact:.....Jeffery Barlow

TRC Round Up Join us and learn basic skills you need for horseback riding. This class will help you with your balance, muscle tone, posture, coordination and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor. **Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....6
Cost:.....\$30.00
Contact:.....Ralph Chrishon

Movement Matters This class will focus on movement activities that are calming, energizing or conditioning by making fitness and relaxation fun. Sensorimotor activities will be done based on "Active Imagination" activity

books as well as other resources. **Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....15
Cost:.....\$10.00
Contact:.....Katie Johnson



Gamer's Hour Are you a Wii/Xbox fanatic or do you want to learn how to operate a game system? Either way TRC wants you to take advantage of this new fun leisure program every Monday. We will be using the new big screen to play our games. Participants will get a chance to dance, play golf, football, boxing, bowling and tennis. The group will learn to play games with the Wii/Xbox individually and in groups. **Program will not meet Jan. 21, Feb. 18, Mar. 18&25.**

Day:.....Mon.
Time:.....4:00 - 5:00pm
Level:.....II,III
Limit:.....6
Cost:.....\$30.00
Contact:.....Brad Ellis

TUESDAY

Green Thumb Garden Club Have a green thumb? Do you mind getting your hands dirty? Come learn how to grow vegetables, flowers and house plants. See what it takes to care for a garden. We will be partnering with EAT South to learn more about how to grow a garden. Fee covers trip to EAT

TRC AFTER-SCHOOL PROGRAMS

South monthly. *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....12 years and older
Limit:.....10
Cost:.....\$35.00
Contact:.....Michelle Glass

Gentlemen's Club Attention!

We are looking for eager males who are wanting to become the finest gentlemen that they can be. This program's focus will be building the qualities and characteristics that truly define what it is to be considered a distinguished gentleman. *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....15
Cost:.....\$25.00
Contact:.....Edward Woods

Let's Talk About It This program is for teens and young adults who are having trouble expressing their thoughts and feelings. This program is only a program to encourage self-confidence, self-control and to offer a forum and opportunity to participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds. *Participants must have verbal skills to participate in this class.* *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....10
Age:.....16 years and older
Contact:.....Joye Bigelow

Games Galore Participants will engage in a variety of fun group games. Participants will be divided into smaller groups and games will be played in 15-30 min. rotations. Games included during this time will be the ga-ga ball pit, darts, board games, puzzles, word games, flashcards

and some minute to win it games. This program will offer a new opportunity for some friendly competition. *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....16
Cost:.....\$10.00
Contact:.....Brad Ellis

MTRC Jr's Come learn and be introduced to a wide range of adapted sports. This new program will provide opportunities for all skill levels with a goal to participate in future Special Olympic related tournaments. Come reap the benefits of sports and recreation while maximizing your potential. *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....12
Contact:.....Katie Kotzman



Yes 2 Health Fitness

A healthy lifestyle is a happy life! TRC has a new health and fitness class that is designed to educate and coach our participants into a healthy lifestyle. Participants will learn techniques from personal trainers, fitness instructors and health coaches. So if you seriously want to get in shape and learn how to be healthy sign up now!! *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00-5:00 pm
Level:.....III
Limit:.....10
Age:.....10 years and older
Cost:.....\$20.00
Contact:.....Katie Johnson

Music with MEOW Academy

Come join MEOW (Music Education on Wheels). MEOW Academy will be providing a fun and educational performance based class centered around music education. Led by musician Terrence Baldwin, participants

will learn music theory and performance techniques in voice, piano, guitar and drums. *Program will not meet Mar. 19.*

Day:.....Tues.
Time:.....4:00-5:00pm
Level:.....II,III
Limit:.....8
Cost:.....\$250 or \$50 monthly
Contact:.....Wendy Dobbs

WEDNESDAY

Let's Go Swimming This is a learn to swim program. Participants will learn to tread water, enter and exit the pool without assistance, fundamentals of swimming, freestyle and elementary backstroke. *It is mandatory that proper swim attire is brought for this class every week. Participants must have been exposed to water activities prior to being registered for this program.* *Program will not meet Mar. 20.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12
Contact:.....Jeffery Barlow

What's Cooking TRC?

Cooking in the kitchen with Kenny at TRC! This program is designed for cooking simple salads and desserts step by step which will enable our participants to become more independent in the kitchen. At the end of the semester the participants will prepare meals that will be fundamental recipes in their repertoire. *Program will not meet Mar. 20.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....15
Age:.....12 years and older
Cost:.....\$45.00
Contact:.....Kenny Gunn




This symbol represents a new class being offered.

TRC AFTER-SCHOOL PROGRAMS

TRC Drama Club This is the time to sign up for the Drama Production for 2019. If you are interested in dancing, acting or you have a talent that can be showcased than this is the club for you. Please remember when you sign up you are obligated to participate in the Fall 2019 production. *Program will not meet Mar. 20.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....III
Age:.....12 years and older
Limit:.....10
Contact:.....Michelle Glass


Giddy Up We are going to giddy up and enjoy the therapeutic movement of a horse. No riding skills will be taught in this class. We will have a great time playing games while feeling the movement of the horse. We will also pet, groom and give the horses treats. *Program will not meet Mar. 20.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I
Limit:.....8
Cost:.....\$40.00
Contact:.....Ralph Chrishon

MTRC Bookworms
 This program is designed for those who enjoy reading and listening to stories. Each week participants will travel to various libraries. The program instructor and participants will read different books and discuss the theme behind the story. *Program will not meet Mar. 20.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....10
Cost:.....\$5.00
 (For end of the semester pizza party)
Contact:.....Brad Ellis

 **Value of Life** Let's learn the Value of Life. This class is designed to introduce and teach participants the skills needed to prepare and guide them through the every day events of life. Topics

covered will be self care, daily living, community interaction, prevocational and more. Once a month an occupational therapist will provide a handwriting class to improve handwriting and fine motor skills. *Program will not meet Mar. 20.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....12 years and older
Limit:.....6 min., 10 max.
Cost:.....\$100 or \$20 monthly
Contact:.....Aaron Cole

 **Learning in Motion** This great new program will be based on the fantastic curriculum from the book "Learning in Motion." Participants will engage in sensory activities, arts and crafts and large motor activities to improve individual skills. Curriculum is uniquely designed around monthly themes. *Program will not meet Mar. 20.*

Day:.....Wed.
Time:.....4:00-5:00 pm
Level:.....I,II
Limit:.....8
Cost:.....\$15.00
Contact:.....Aaron Cole

THURSDAY

MTRC Dance If you love to dance then this is the class for you. We are taking our dance class in a new direction. We will dance till we drop with new music from all the fun and exciting artists. We will have fun, fun, fun! **Fee pays for new music equipment and end of semester party.** *Program will not meet Feb. 7, Mar. 21.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....20
Cost:.....\$10.00
Contact:.....Joye Bigelow

Fun In the City This program is filled with fun, games and activities. Individuals will go on community based outings and also travel to various playgrounds to visit. *Program will not meet Feb. 7, Mar. 20.*

Day:.....Thur.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Contact:.....Brad Ellis

Literacy Fun Reading is fundamental, as well as exciting. So join Literacy Fun to enhance your cognitive development and improve your imagination and creativity. This program will incorporate short stories that teach participants important information, and after each story we will discuss what we learned and create crafts that coincide with the stories. *Program will not meet Feb.7, Mar.15.*

Day:.....Thur.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....12
Cost:.....\$15.00
Contact:.....Katie Johnson

Crafty Cooking This is a fun and crafty cooking class where participants will be creating food craft projects and enjoy eating them too! *Program will not meet Feb. 7, Mar. 20.*

Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$45.00
Contact:.....Kristen Sellers

Gallery Art The Montgomery Museum of Fine Arts will be continuing the partnership with MTRC! Participants will spend time at the Museum working on 3-D projects this semester as well as sketching in the Museum. While at MTRC we will work on projects for submission to the student showcase through the Museum. When participants travel to the Museum pick up time will be 5:30 pm. *Program will not meet Feb.7, Mar.20.*

Day:.....Thurs.
Time:.....4:00-5:00 pm
Level:.....III
Limit:.....8
Cost:.....\$40.00
Contact:.....Michelle Glass

FRIDAY



MTRC Mystery Hour

Do you like more than one TRC program? Want to try new ones out but not ready to commit to a whole semester? This class is for you! Each week we will sample various activities from around TRC. Come check this out! *Program will not meet Mar. 22, Apr. 12&19.*

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....15
Cost:.....\$40.00
Contact:.....Brad Ellis

Montgomery Matters

Montgomery Matters is TRC's own club that volunteers and collects donations for organizations. We make crafts and give back to our community. *Program will not meet Mar. 22, Apr. 12&19.*

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Cost:.....\$20.00
Contact:.....Kristen Sellers

Sensory Fun: Painting

Sensory Fun is devoted to providing sensory experiences for the participant. We will use all five senses to explore new experiences and create fun craft projects. We will encourage participants to try new textures and work to expand their range of tactile experiences. This class will allow the student to explore and express in a calm environment. This semester will focus on sensory painting. *Program will not meet Mar. 22, Apr. 13 &19.*

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Cost:.....\$20.00
Contact:.....Michelle Glass

SPECIAL EVENTS

Huntington Hawks Basketball Game

It's basketball season again! So if you love everything "basketball" follow TRC to the Hawks nest over at Huntington College as they play Greensboro College. Registration will include tickets and concessions.

Date:.....Sun., January 13, 2019
Time:.....1:30 - 4:30pm
Level:.....II, III
Limit:.....18 (12 min.)
Cost:.....\$15.00
Contact:.....Katie Johnson

Sweet Creations @ TRC

Let's make something sweet for Valentine's Day! We'll start off the afternoon decorating aprons for a special treat later on. Next participants will create a beautiful candle for their loved one. Remember those aprons you made? We'll tie those on and enjoy a cookie painting class taught by Crazy for Cookies chef Kris Johnson. Each participant will paint 6 cookies to take home and share.

Date:.....Sat., February 2, 2019
Time:.....1:00-5:00pm
Level:.....III
Age:.....13 years and older
Limit:.....12 (min. 6)
Cost:.....\$35.00
Contact:.....Aaron Cole

Valentine's Dance

Come dance the night away with your sweetheart or find a new valentine to dance with. Enjoy a fun evening of dancing with a live DJ and snacks in the TRC Gym. Snap a picture in our themed photobooth to remember your night of fun. Printed copies may be purchased for \$1.00 (proceeds benefit future dances).

After-school programs are cancelled for this event.

Date:.....Thurs., February 7, 2019
Time:.....7:00 - 9:00pm
Levels:.....I, II, III
Cost:.....\$5.00 per person
Contact:.....Michelle Glass

Birmingham Bulls Hockey Game

Let's take a fun new trip to check out an exciting hockey game in Birmingham! We'll grab dinner @ Chik Fil A on the way to this exciting match up. The Birmingham Bulls will be taking on the Fayetteville Marksman. Wear warm clothes cause it's chilly in the rink!

Date:.....Fri. Feb.22, 2019
Time:.....5:00-11:00pm
Level:.....II,III
Limit:.....15 (10 min.)
Cost:.....\$55.00
Contact:.....Kenny Gunn

Montgomery Museum of Fine Art Black History Concert

Come and enjoy a relaxing and cultural event hosted by the Montgomery Museum of Fine Arts. Local high school choirs will be performing beautiful renditions of classic spiritual's and gospel music passed down through history to us today.

Date:.....TBA
Time:.....TBA
Level:.....I, II, III
Limit:.....15 (12 min.)
Cost:.....TBA
Contact:.....Katie Johnson

SPECIAL EVENTS CONT.

Memphis Grizzlies Sleepover

Travel with us to Memphis, TN to watch a NBA basketball game, the Memphis Grizzlies vs. Utah Jazz. The group will depart TRC @ 8:30 am on Friday and stop on the way for lunch. Once in Memphis we will check into the hotel, have dinner and head to the game. Saturday morning will start with breakfast at the hotel before heading back to Montgomery.

Lunch will be provided on the way back.

****Winnie the Pooh is the same date. Do not double book your participant.**

Date:Fri. Mar. 8-Sat. Mar. 9, 2019
Time:.....Fri. 8:30 am-Sat. 4:00 pm
Level:.....II,III
Age:.....10 years and older
Limit:.....12 min.
Cost:.....\$130.00
Contact:.....Kenny Gunn

Winnie the Pooh @ ASF

Journey to the Hundred Acre Wood and join Winnie the Pooh and his friends for a magical adventure about friendship. We will go to the Alabama Shakespeare Festival for this matinee. After the show we will stop at Wendy's for lunch. ****Memphis Grizzlies is same date. Do not double book your participants.**

Date:.....Sat., Mar. 9, 2019
Time:.....8:30 am-1:30 pm
Level:.....I,II,III
Limit:.....15 (10 min.)
Cost:.....\$43.00
Contact:.....Michelle Glass

SLE Rodeo The Wild West is coming! SLE Rodeo will be held @ the Garrett Coliseum in Montgomery, Al. Participants will get to see buckin' broncos, barrel racing, burly bulls & get up close and personal with some friendly farm animals. Please wear closed toe shoes. Wheelchair participants will be limited in arena activities. A quick dinner will be provided before departure.

Date:.....Wed., Mar. 13, 2019
Time:.....4:00-8:30 pm
Level:.....II,III
Limit:.....15 (8 min.)
Cost:.....\$35.00
Contact:.....Abigail Boeckh

Great Wolf Lodge

Spring Break is right around the corner so why not jump start it with a pre-vacation to the Great Wolf Lodge. This indoor waterpark is filled with fun and excitement in Lan-grange, GA. So pack a bag and your swimsuit and let's bring in Spring right!

Date:...Fri. Mar. 15-Sat. Mar. 16, 2019
Time:.....Fri. 12:00 pm-Sat. 7:00 pm
Level:.....II,III
Limit:.....10 (9 min.)
Cost:.....\$185.00
Contact:.....Katie Johnson

Butter & Egg Adventures

Do you enjoy riding zip lines, laser tag or climbing a 35 foot wall? Butter and Egg Adventures has something for everyone. Fee pays for lunch and activities (Zip Lines, Laser Tag, Rock Wall and more) so don't miss out!

Date:.....Mon., March 18, 2019
Time:.....8:00am - 4:00pm
Level:.....I, II, III
Limit:.....15 (12 min.)
Cost:.....\$33.00
Contact:.....Brad Ellis

Peach Park Do you enjoy eating good food and spending time with good friends, well this is the one you don't want to miss. We are going to go and have a nice lunch, get some of the best dessert and have a good ole time.

Date :.....Tues., March 19, 2019
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....15 (12 min.)
Cost:.....\$16.00
Contact:.....Brad Ellis

Lunch and a Movie Join us as we go to New Vision Chantilly 13. We will watch the newest and latest movie out and then have lunch.

Date:.....Wed., March 20, 2019
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....15 (must have 12 min)
Cost:.....\$30.00
Contact:.....Brad Ellis

Lunch and Bowl

Do you enjoy bowling and spending time with friends? Well this is the perfect event for you! Bring your bowling ball and let's spend the day at the bowling alley. We will also eat lunch at the bowling alley.

Date:.....Thur., March 21, 2019
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....15 (must have 12 min)
Cost:.....\$14.00
Contact:.....Brad Ellis

Fun Fish Weekend Are you an angler at heart? If so, don't miss out on this opportunity for a weekend of fishing fun! The motto for the weekend is Eat, Sleep, and Fish. Participants will fish Saturday morning and evening as well as Sunday morning to catch the last fish. In the past on Sat. night a banquet is held after dinner. On Sunday an awards ceremony will be held before heading back to TRC.

Date:.....Fri. Mar. 22—Sun. Mar. 24
Time:.....TBA
Level:.....II, III
Limit:.....12 (6 min.)
Cost:.....TBA
Contact:.....Edward Woods

SPECIAL EVENTS CONT.

Float by Night Easter Bash

Bash Come join us for an awesome Easter Bash. We will start our party with decorating Easter cookies. Then we will have a glow in the dark Easter Egg Hunt and finish our party with a movie in the pool. Dinner will be provided. ****Bring your own float.****

Date:.....Sat. Apr. 13, 2019
Time:.....2:00-7:00pm
Level:.....I,II,III
Limit:.....15 (10 min)
Cost:.....\$15.00
Contact:.....Kristen Sellers

The Formal Enjoy an evening of elegance in your black and white attire. The theme is "Magic Moments." Don't miss the crowning of the King and Queen as they take their royal walk. Photographer will be on site and remember to keep your ticket, you may be a winner. **After-school programs are cancelled for this event.**

Date:.....Friday, April 12, 2019
Time:.....7:00 - 9:00pm
Cost:.....\$5.00 per person
Contact:.....Michelle Glass

Walk for Autism TRC is excited to walk for a great cause. We will be joining the Autism Society of Alabama to help solve the puzzle of Autism Spectrum Disorder one step at a time! We want to support our friends and TRC family by honoring this beautiful cause. So sign up and come walk with us!

Date:.....TBA
Time:.....TBA
Level:.....I, II, III
Limit:.....18 (12 min.)
Cost:.....\$25.00
Contact:.....Katie Johnson

TRC Awards Banquet

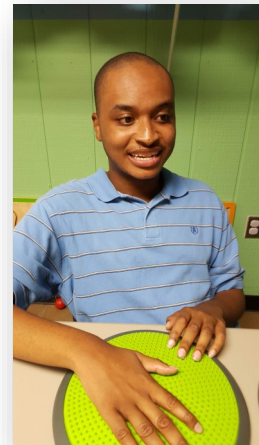
This is a very special evening, where we recognize all the after-school participants. TRC will provide the main dishes; we ask that each family bring a dessert for this event. **After-school programs are cancelled for this event. This event will be held at TRC.**

Date:.....Thurs., May 16, 2018
Time:.....6:00-8:00pm
Cost:.....FREE
Contact:.....Aaron Cole

Camp Rocks @ Camp

ASCCA Come join us for a fun twist on the Camp ASCCA experience. We'll enjoy a fantastic time @ Camp ASCCA ziplining, swimming, singing and so much more! This camp is led by students and professors from the university of North Alabama as part of their experiential learning Maymester class. The sessions ends with a rocking dance on the final night.

Day....Tues.May 21-Fri. May 24, 2019
Time.....TBA
Level.....I, II, III
Limit.....15
Cost.....TBA
Contact.....Aaron Cole



**PLEASE DRESS YOUR CHILD
 APPROPRIATELY FOR THE**



**PARENT'S
 TO HELP ASSIST US WITH
 DECREASING THE AMOUNT
 OF LOST ITEMS, PLEASE
 PUT YOUR CHILD'S NAME
 ON ALL THEIR CLOTHING,
 BOOKBAGS, COATS,
 TOWELS, SWIMMING ATTIRE
 ETC.**



ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter www.montgomeryal.gov
3. Next place the cursor on “How Do I” at the top of screen.
4. A drop down menu will appear underneath the heading “register” click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.
7. Payment must be received by 5:00pm on Friday, July 31, 2015 or your registration will be cancelled.

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for spring semester programs and participants wanting to register for the semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

What if I don't have a computer?

The MTRC will be open Sat., December 1, 2018 so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due *in full* by Friday, December 7, 2018, or your registration will be cancelled.

There will be a \$6.00 registration fee for all Spring programs.

DATES TO REMEMBER

Sat., December 1, 2018.....	Spring Registration Begins
Fri., December 7, 2018.....	Spring Registration Ends
Mon., January 7, 2019.....	Spring Semester Begins
Monday, January 7, 2019.....	After-school programs begin
Sun., Jan., 13, 2019.....	Huntington Basketball Special Event
Mon., January 21, 2019.....	MLK Holiday (TRC Closed)
Sat., Feb. 2, 2019.....	Sweet Creations @ TRC Special Event
Thur., February 7, 2019.....	Valentine Dance (After-school programs Cancelled)
Mon., Feb. 18, 2019.....	President's Day (TRC Closed)
TBA.....	Montgomery Museum of Fine Art's Black History Concert
Fri., February 22, 2019.....	Birmingham Bulls Hockey Game Special Event
TBA.....	Hoop It Up Tournament
Fri. March 8—Sat. Mar. 9, 2019.....	Memphis Grizzlies Sleepover Special Event
Sat. March 9, 2019.....	Winnie the Pooh @ ASF Special Event
Wed. March 13, 2019.....	SLE Rodeo Special Event
Mon., March 18 - Fri., March 22, 2019.....	Spring Break (No after-school programs)
Fri., Mar. 15—Sat., Mar. 16, 2019.....	Great Wolf Lodge Special Event
Mon., March 18, 2019.....	Butter and Eggs Special Event
Tues., March 19, 2019.....	Peach Park Special Event
Wed., March 20, 2019.....	Lunch & a Movie Special Event
Thur., March 21, 2019.....	Lunch and Bowl Special Event
Fri. Mar. 22—Sun. Mar. 24, 2019.....	Fun Fish Weekend
Mon. March 25, 2019.....	MPS Development Day (No after-school programs)
TBA.....	Walk for Autism
Fri., April 12, 2019.....	The Formal (After-school programs Cancelled)
Fri., April 19, 2019.....	MPS Day of Service (No after-school programs)
Wed., May 15, 2019.....	Last day of After-school programs
Thurs., May 16, 2019.....	Awards Banquet (After-school Programs Cancelled)
Fri.—Sun., May 17-20, 2019.....	State Games (After-school Programs Cancelled)
Tues. May 21—Fri. May 24, 2019.....	Camp Rocks @ Camp ASCCA Special Event
Mon., May 27, 2019.....	Memorial Day (TRC Closed)
Fri., May 31, 2019.....	Spring Semester Ends

Montgomery Therapeutic Recreation Center

604 Augusta Street

Montgomery, Alabama

334.240.4595

City Officials

Todd Strange, Mayor

Michael Briddell, Director of Public Information & Extra Affairs

Leisure services

Rob Spivery, Director

Fredrick Thomas, CTRS, Superintendent of Recreation

Wendy Dobbs, CTRS, Director

Jeffery Barlow, Aquatics Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Michelle Glass, Asst. Creative Arts Coordinator

Edward Woods, Aquatics Instructor

Kristen Sellers, Aquatics Instructor

Katie Johnson, General Recreation Coordinator

Gabriel Lewis, General Recreation Instructor

Kenny Gunn, General Recreation Instructor

Candace Carnegie, General Recreation Instructor

Marlon Roberts, General Recreation Instructor

Abigail Boeckh, General Recreation Instructor

David William, Custodian

Aaron Cole, Assistant Director

Joye Bigelow, Resource Lab Coordinator

Katie Kotzman, Adaptive Sports Coordinator

Brad Ellis, Transportation Coordinator

DeCarlos Chrishon, Aquatics Instructor

Ralph Chrishon, General Recreation Instructor

Sampson Cotton, General Recreation Instructor

Bernard Burton, General Recreation Instructor

Lain Johnson, General Recreation Instructor

Gabriel Lewis, General Recreation Instructor

Lytericka Gray, Custodian

Montgomery Therapeutic Recreation Center
City of Montgomery Leisure Services Department